

Athlete Meeting 2018-19

AGENDA:

ATTENDANCE

RIDING BUS

ELIGIBILITY

GROWING AS AN ATHLETE/EXPECTATIONS



From Jon Gordon – The Power of Positive Leadership

Great cultures and teams are built with positive, contagious energy, so it is essential that you share those types of feelings. When you walk into the office, or the meeting or onto the field, you have a decision to make: Are you going to be a germ to your team or a big dose of vitamin C?

Sharing positive energy doesn't mean you have to be a rah-rah leader and bounce off the walls. It means that from the heart you simply broadcast the love, passion, positivity, and purpose that you have for your team and mission.



Goals/Milestones, Values, Moral & Performance
Characteristics, Behavior, Expectations, etc.



TODAY – MOVING FORWARD

GOAL

The result to which effort is aimed.





The result to which effort is aimed

RESULT

Out of your control.

Ex: Goal is to

EFFORT

Direct energy in your control.

Ex: Giving best effort, doing extra work, watching film, working at practice

This process drives results





Character + Process = Results

From - What Drives Winning



PROCESS

Growth Cycle

Prepare

Perform

Reflect



CHARACTER

MORAL CHARACTERISTIC SKILLS

Unselfish, Honest, Respectful, Appreciative, Humble,
Patient, Loyal, Trustworthy, Trustwilling,
Encouraging, Socially Aware, Caring, Empathetic

Inner Circle ?

WHO ARE THE 5 PEOPLE WITH WHOM YOU SPEND THE MAJORITY OF YOUR FREE TIME?



INNER CIRCLE ?

THE 5 PEOPLE YOU JUST LISTED ARE THEY PULLING YOU: CLOSER TO YOUR DREAMS OR FURTHER AWAY FROM YOU DREAMS?



INNER CIRCLE ?

The names you have written down for question one; which of the 2 reasons below are why they hang out with you:

1. What you do – a player for a sport, best player on the team, etc.

or

2. Who you are – your character



INNER CIRCLE

DRAW A CIRCLE.

IF YOU HAD A CAREER-ENDING INJURY, WHO WOULD STILL BE THERE FOR YOU, LOVING YOU AND SUPPORTING YOU UNCONDITIONALLY?

WRITE THE NAMES IN THE CIRCLE.



INNER CIRCLE

People in your circle are the people that view you as a person first. They are the people that have your best interest at heart.

The people with who you spend a majority of time can also be in your inner circle.

However, if you want to reach your maximum potential you have to surround yourself with people who love you deeply, believe in and encourage you. If you do not think these people are helping you reach your maximum potential you need to exercise your boundaries and choose to spend less time with them. It is never easy to spend less time with people you have been around but at some point you have to remember you are the one who is building their own house to maximum potential. Josh Medcalf – from Burn Your Goals

Yet you also want people to challenge you, hold you accountable and guide you to what you are doing.



Board of Directors

What Drives Winning

These people might be in your inner circle but they may not. They may be someone you see often like a coach/teacher/uncle/ bus driver/preacher or they could be someone you have met once before but they are interested in you and want to provide different perspectives for you to grow in what you do.



Be Proud to be a Harrison Panther and Represent

Be:

unselfish, honest, respectful, appreciative,
humble, patient, loyal, trustworthy,
encouraging, socially aware, caring
empathetic, positive, hard working,
competitive, focused, accountable,
courageous, resilient, confident enthusiastic,
disciplined, motivated, creative

Don't talk let your effort speak for you

Be coachable

Be a great teammate

Don't let officials calls get to you

Build you inner circle and board

Stay out of and away from Drama

Be a good student, be on time, turn in your
work, follow directions, lead the class and the
building with positive leadership