



Creating a POSITIVE PRESENCE

Investing time and energy to fuel positivity and connection.



“There are only two things that will
be with you for the rest of your life
from this experience...

**Who you become
and who you
impact.”**

-Cori Close, UCLA Women's Basketball

What IS your presence at your school?

Think of three words or phrases that you think personifies the “perception” of your program in your school.

Now, think of one word or phrase that your team would like to embody. What do you want your team to be known for?...what is your “North Star”?

Let's figure out how we can get there...



It's all about RELATIONSHIPS and CONNECTION!



Roadmap to creating a positive presence...

01

The “Disney Experience”

02

Be the “Vitamin C”

03

Embody a mindset of service and gratitude.

04

What can I do TOMORROW?

01

The “DISNEY” Experience..





Smile

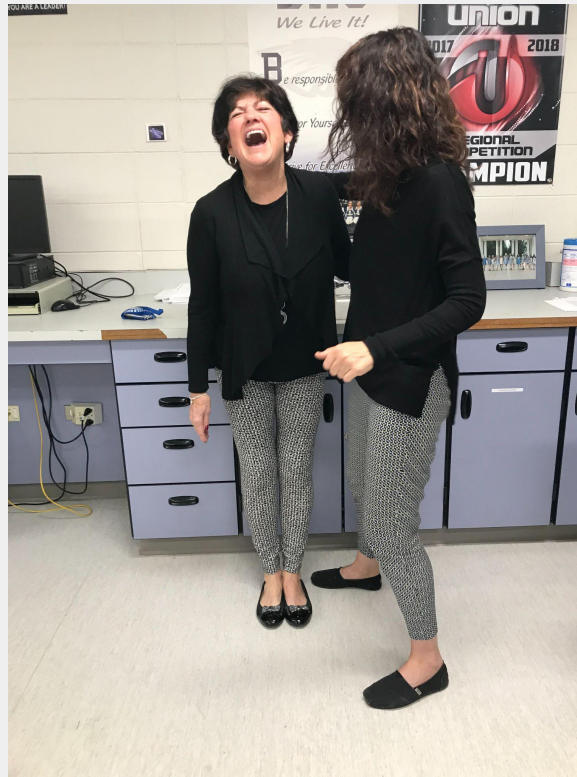
Learn Names

Model the Behavior

Innate desire to belong

02

Be the VITAMIN C...



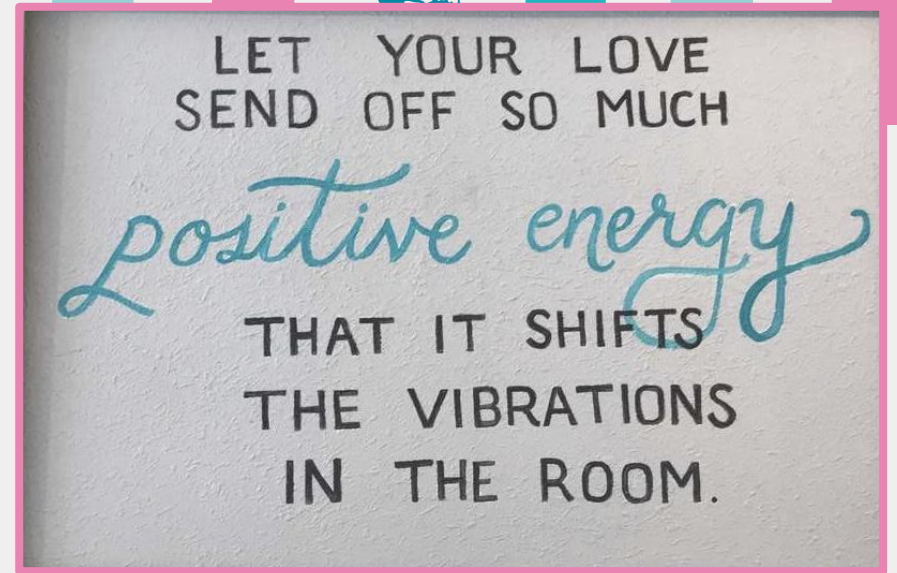


Your energy is contagious...

...are your team members the vitamin C or a germ?

Take time to acknowledge and celebrate small successes...

"We noticed that..." Small victories... Be creative... this doesn't have to cost anything or be full of sugar
Build your "Eagle Nation" - belong to something bigger than your team.



Fuel success in other teams & activities in your school

Come from a space of ABUNDANCE, not scarcity. Encourage your team members to join other activities.
(within reason...we all know we're "extra"- lol!)

Be curious and ask questions.

Celebrate the diversity. Tell me more about...

03

Embody a mindset of service and gratitude



“

**Make sure that the light
that shines on you is never
brighter than the light that
shines IN you.**

—Cori Close





Find your MVPs and BFFs in the building

...athletic director's assistant, custodians, treasurer, security monitor

Show appreciation and gratitude

Thank you notes... Appreciation "surprises" for fellow coaches, teacher, and staff.

Connection is key!

Be intentional about building relationships.

Reach out to find opportunities to serve and support

The more you give, the more that comes back to you! Newton's 3rd Law!



Creating a positive presence isn't always easy.

We are working with faith in a world of doubt, ego, fear, cynicism, and adversity.

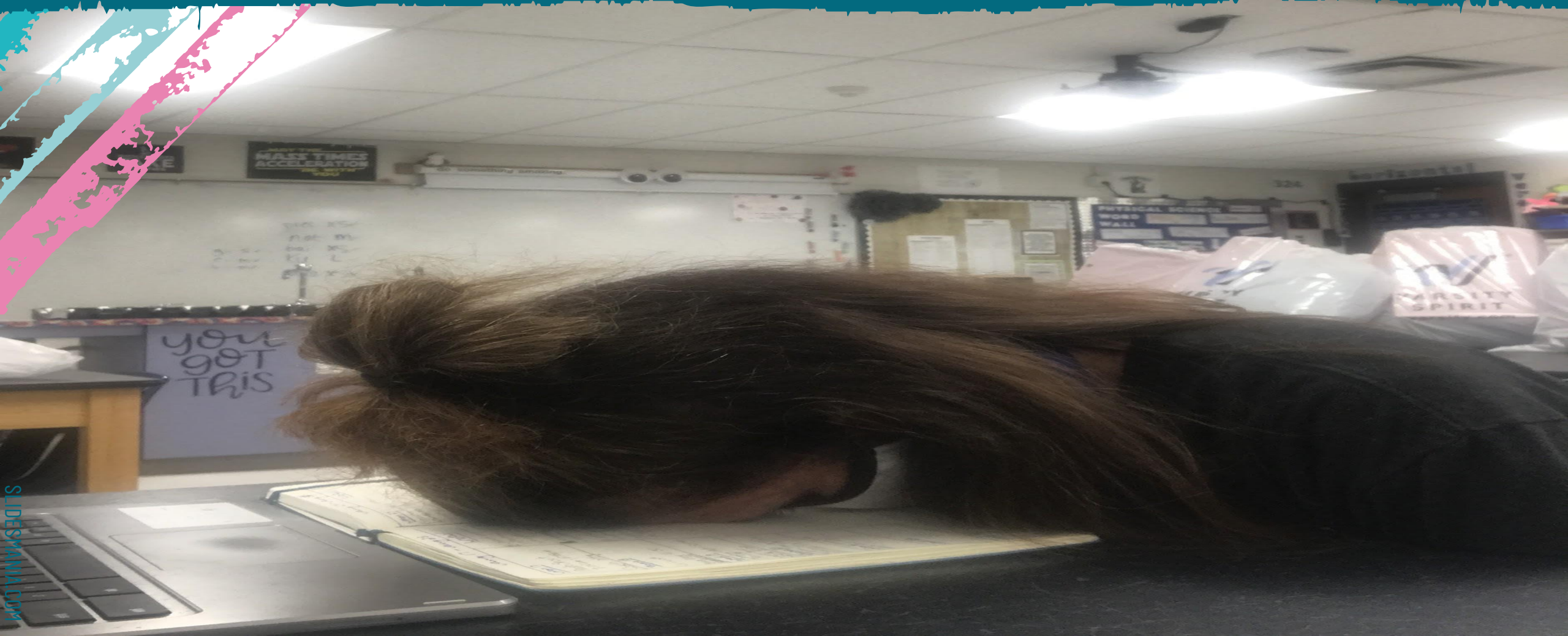
Let's do it anyway!

Take risks and be courageous.

**YOU WILL BE
TOO MUCH FOR
SOME PEOPLE.**

**THOSE AREN'T
YOUR PEOPLE.**

**Rumble with vulnerability
and embrace the suck.**



04

What can I do TOMORROW?



- **Little surprises:** Crumble...Crush...Etsy...Lifesaver Mints
- **The Dollar Store is your best friend.**
- **Find a partner in crime...cheer/pom**
- **Sticky note attack.**
- **Show some love on Social Media!**
- **Appreciation/Inspiration notes.** I love Amazon. Click [HERE](#) for the link to buy "notes"
- **Ask your team.** Have they already built some awesome connections/relationships? Have captains reach out to other team captains
- **Do your research...** List of every team/activity - pick 3! Booster Club? Ask for important dates not only in the building, but also for other teams.
- **Watch Ted Lasso (Apple TV)** ...Seriously, it's the best.
- **Listen to a Podcast:** Jon Gordon: Positive University Dr. Chelsea Pierotti: Passion for Dance



**Remember, it doesn't
matter what you did
yesterday, or what the
coach before you
did...what matters most
is what you are doing
today!**

You are NOT ALONE! You have a village of spirit coaches cheering you on and holding you up every step of the way. I want to leave you with a little something to remind you how courageous and brilliant you are...

#braverybadge



Click [HERE](#) for the link to find Bravery Badges.



Thank you!

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