

CHSAA WRESTLING APPROVED WEIGHT CLASSES FOR BOYS AND GIRLS 2022-2023 SEASON

Move to 14 updated NFHS weight classes in boys and girls

a. Boys weights will now be:

i. 106 lbs., 113 lbs., 120 lbs., 126 lbs., 132 lbs. 138 lbs., 144 lbs., 150 lbs., 157 lbs., 165 lbs., 175 lbs., 190 lbs., 215 lbs., 285 lbs.

b. Girls weights will now be:

i. 100 lbs., 105 lbs., 110 lbs., 115 lbs., 120 lbs., 125 lbs., 130 lbs., 135 lbs., 140 lbs., 145 lbs., 155 lbs., 170 lbs., 190 lbs., 235 lbs.