

2024 – 2025 Alpine Ski Bulletin



IMPORTANT REMINDERS

- State Alpine Championships – February 20-21, 2025 – Hosted by Aspen High School
- CHSAA Committee Meeting – March 5, 2025 - Virtual

CHSAA NOW

CHSAA CONTACT – Bethany Brookens, 303-344-5050, bbrookens@chsaa.org
Executive Assistant – Laikyn Crane, 303-344-5050 ext. 6, lcrane@chsaa.org

[CHSAA SKI INFORMATION](#)

CHSSL Website – <https://sites.google.com/site/coloradohighschoolsatileague/>





October 2024

COACHES and ATHLETIC DIRECTORS -

Welcome to the 2024-2025 ski season! As you embark on this season, I wish you and your student-athletes the best. Your enthusiasm, energy, and knowledge will be passed on to your eager athletes. Please remember what a significant impact you have on them and each and every single person in your program. Your leadership, how you react to adversity will set the tone for your school and program. Make it positive! Each new season holds promises and disappointments, so it's important that we teach our players how to handle each in the appropriate manner.

This bulletin contains information you need to navigate the new season and is a supplement to the CHSAA Bylaws. Coaches, along with ADs, are expected to have a thorough knowledge of the information in both, including eligibility rules, in addition to specific ski rules.

CHSAA recommends you review your school calendar and remind athletes about special holidays, testing dates and other key dates that impact the season. Proactively notifying them of conflicts may help avoid team issues during the season. The winter prohibition dates are December 24-27 and January 1 (always excluding Sundays). Voluntary practice may be held starting December 28 through December 31 (excluding Sundays), but no scrimmages or games may be held. The Sunday rule applies throughout the school year.

Good luck this season.

Sincerely,

A handwritten signature in blue ink that reads "Bethany Brookens". The signature is written in a cursive style and is positioned above the printed name and title.

Bethany S. Brookens
Assistant Commissioner
BB/lc

The Americans With Disabilities Act

Please note: All rules and policies contained within this bulletin are subject to the ADA's requirement to provide reasonable modifications for a disabled student(s). A reasonable modification(s) shall provide a disabled student with equally effective access [to the activity] unless the provision of such reasonable modification would constitute a fundamental alteration of the essential elements of the activity involved. Please refer to CHSAA bylaw 500 for more detailed information.

Table of Contents

Ski Committee and League Contact Information	1
CHSAA Major Bylaw Changes.	2
CHSAA Constitution and Bylaws	3
CHSAA Ski Regulations for Alpine Skiing	5
CHSAA Ski Regulations for Alpine Races	8
Alpine Specific Regulations & Procedures	11
CHSAA Ski Regulations for State Competition	15
Division of Responsibilities for the State Meet	18
State Ski Waiver Form	19

CHSAA MISSION STATEMENT

"Seeking Excellence in Academics, Activities, and Athletics"

In pursuit of excellence, the Colorado High School Activities Association strives to create a positive and equitable environment in which all qualified student participants are challenged and inspired to meet their highest potential.

To fulfill this mission the Colorado High School Activities Association will:

- Act as an integral component of the educational process.
- Administrate, interpret, and seek compliance with the CHSAA By-laws as needed to promote fair play within Colorado activities and athletics.
- Provide diverse and equitable opportunities for participation that encourages all qualified students to take part in the activity/athletic experience.
- Provide an environment that enhances personal development through sporting behavior, character education, teamwork, leadership, and citizenship while increasing values that partner the educational standards of the State of Colorado.

- Recognize the outstanding accomplishments of Colorado athletes, teams, coaches, and administrators through our academic and activity awards programs.

2024-2025 CHSAA Ski Committee

LUKE DEWOLFE (4A) (CHAIR)
Steamboat Springs High School
ldewolfe@ssk12.org

SEAN DEPAULA (3A)
Nederland High School
sean.depaula@bvsd.org

JENNIFER MORANDIBENSON (3A)
Aspen High School
jmorandibenson@aspenk12.net

AMY PETERS (3A)
Lake County High School
apeters@lakecountyschools.net

BRIAN INMAN (3A)
Clear Creek High School
brian.inman@ccsdre1.org

HOLLY BOGGS (5A)
Evergreen High School
hboggs@mac.com

BOB FEROLDI (3A) Alpine Advisory
Platte Canyon High School
evergreensurveying@msn.com

KARL REMSEN (3A) Nordic Advisory
Lake County High School
leadville.nordic@gmail.com

SKI LEAGUE OFFICERS

Bob Feroldi, Treasurer, and Secretary
evergreensurveying@msn.com

RESULTS COORDINATOR (NORDIC & SKIMEISTER)

Karl Remsen
Lake County High School
leadville.nordic@gmail.com

RESULTS COORDINATOR (ALPINE)

Karl Barth
Summit High School
smerfsat@yahoo.com

2024-2025 BOYS' & GIRLS' ALPINE SKI SCHOOLS (13)

Aspen
Battle Mountain
Clear Creek
Durango
Eagle Valley

Evergreen
Lake County
Middle Park
Nederland
Platte Canyon

Steamboat Springs
Summit
Vail Mountain

MAJOR CHANGES 2024-2025

1. ***CLASSIFICATION OF SCHOOLS***
 - Constitution & Bylaws, Article 1500, Rule 1500.1, 1500.2
1500.24, 1500.25, 1500.26 & 1510..... page 40-45
2. ***COACHES REQUIRED TO ATTEND RULES MEETING***
 - Constitution & Bylaws, Article 16, Rule 1650.1.....page 50
3. ***KEEP SPRING SEASON OF SPORT CONSISTENT***
 - Constitution & Bylaws, Article 28, Rule 2890.....page 119
4. ***FOOTBALL SEASON OF SPORT***
 - Constitution & Bylaws, Article 34, Rule 3401.1.....page 124
5. ***ICE HOCKEY SEASON OF SPORT***
 - Constitution & Bylaws, Article 37, Rule 3700.1.....page 129
6. ***T & PF PROCESS & STRUCTURE CHANGE***
 - CHSAA T & PF Committee Report
Please refer to CHSAANow.com, Legislative Council, January Committee Reports

CHSAA Constitution and Bylaws

The CHSAA Constitution and Bylaws are the official rules of the Association. This bulletin provides the regulations for ski competition, but never supersedes the regulations found in the CHSAA Constitution and Bylaws. Copies of the CHSAA Constitution and Bylaws may be previewed and copied from the CHSAA website (www.CHSAAnow.com).

We encourage the telephone calls on areas of ELIGIBILITY to be made to the designated administrator; rulings on season policies should be made by the school personnel.

CHSAA Uniform Rule: All skiers must be wearing school-approved ski attire for races, and costumes are not allowed.

***JV CLARIFICATION: JV Only or Restricted Varsity Skiers (Bylaw 1800.47)**

JV only skiers or “Restricted Varsity” skiers per bylaw 1800.47, will be allowed to ski “normally” in regular season races and their times will stay in the race results. However, that skier would not count toward any team scores, league awards, all-state points, and will not qualify for the state championships.

If schools have a student who will be regaining varsity eligibility in the middle of the season, prior to the state championships, please contact Bethany at the CHSAA to review options. These students will only be considered for a waiver to state if they have met the 2 / 3 race minimum start per discipline, and have finished in the top 25% of at least one of the races per discipline.

ALPINE EXCEPTIONS TO USSS RULES

- A. Race bibs shall be issued by the school and shall be the proper color and number sequence. Each racer must have an assigned number and no duplication of numbers will be allowed (i.e. a girl cannot have the same number of a boy). Student-athletes will maintain the same uniform (ie Bib) number for the duration of the season unless the bib is permanently lost or damaged upon with the coach will recommend a one time change.
- B. Ski Length – CHSAA does not have a rule about ski length, radius or style (i.e. twin tips, or telemark skis).
- C. Golden Rule athletes who do not complete their first run will be allowed to complete a second unscored run seeded as if they were a qualified athlete (after the flip).
- D. High School Ski Race Courses are to be set using U-16 USSS rules as a guideline, all course setters should be licensed by USSS as Referees.
- E. CHSAA athletes shall be held to a higher standard for disqualification on swearing, tobacco use, inappropriate behavior, drugs, alcohol, etc. The venue where these standards apply shall include (but not limited to) the race arena, lifts, lodges, and parking lots.

INFORMATIONAL ITEMS:

- A. In Alpine, DQ's will be listed after both genders have completed their 1st run of the day. **Once posted, coaches will have 15 minutes to protest.**
- B. Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all events and official training. Telemark skiers who are racing must comply with the hard sided helmet rule. The helmet worn for Giant Slalom must display the FIS Approved Logo.
- C. Bibs are the responsibility of the participant. If an individual shows up to a race without their assigned bib, their Coach can supply them with another unassigned team bib. If the bib is completely lost, or is unusable, the Coach can request to assign a permanent replacement team bib for this individual.
- D. Modifications were made to the league schedule to eliminate as much travel and lost school times as possible, while ensuring equal competition distribution at meets..

CHSAA INCLUSION POLICY

A CHSAA student-participant may participate as the gender in which they self-identify. Please refer to the CHSAA policy, linked above.

SPORTS MEDICINE ADVISORY COMMITTEE

For all CHSAA sports medicine policies, procedures, and protocols, please visit the [Sports Medicine Advisory Committee Handbook](#).

Lightning and Tornado Policy and Procedures and Heat Acclimatization and Safety Priorities can be found in the [Sports Medicine Advisory Committee Handbook](#).



SPORTSMANSHIP

CHSAA [Game Management & Sportsmanship Expectation Guide](#)

CHSAA Ski Regulations for Alpine Skiing

OFFICIAL RULES

[USSS Alpine Competition Regulations](#) will be the primary rules except for the CHSAA exceptions listed in this document.

SKI COMMITTEE/LEAGUE MEETINGS

The CHSAA and Colorado High School Ski League (CHSSL) host bi-annual meetings for athletic directors and coaches. The CHSAA Pre-Season Meeting is generally held the first Friday in October. Immediately following this meeting is the fall Ski League meeting.

The official CHSAA Ski Committee meeting and the end-of-season Ski League meeting will occur via Zoom on Wednesday, March 5, 2025. Please contact a committee member or Bethany Brookens, CHSAA Assistant Commissioner, 303-344-5050 or bbrookens@chsaa.org if you have proposals.

THE CHSAA EVENTS

Alpine: Giant Slalom and Slalom

No variations to the disciplines are allowed.

THE COLORADO HIGH SCHOOL SKI LEAGUE (CHSSL) WEBSITE:

<https://sites.google.com/site/coloradohighschoolskileague/>

The purpose of the CHSSL website is primarily to distribute information to coaches and athletic directors. Please visit this website to familiarize yourself with it.

PHYSICAL EXAMINATION/PARENT CONSENT

Skiers must have on file with the principal a statement signed by a parent or legal guardian certifying that a physical exam has been passed and that the athlete is physically fit to participate.

If at any time during participation, a doctor removes an athlete from participation because of an illness or injury, the athlete must have a written release from a doctor before participating again. The release may be satisfied, if upon removal, the doctor specifies the duration of the student's restriction from participation.

DEFINITION OF A SPORT SEASON

Unlike many other CHSAA sports, skiing does not have an official start date before which practices may not commence. **Each school needs to email the official start date for its program to Bethany Brookens at CHSAA, bbrookens@chsaa.org, each fall.** *Note, the official season cannot start after November 18, 2024.

PRACTICE RULE

Each student competing in an interscholastic sports program must have had a minimum practice period of three days in his/her sport(s) (exclusive of Sundays) before representing a member school in an interscholastic contest or scrimmage. (Receiving school must have written verification on file if transfer of schools is involved.) The ski league must submit a practice start date to the CHSAA prior to the teams' first practice. Count days for three practice requirements will begin with the submitted date.

Q1: Do outside practices individual or club count toward the 3-day practice rule?

A1: No, the 3 days of practice must be with the high school team.

NEW: SUNDAY CONTACT (2310.5)

No high school interscholastic contests, practices for interscholastic contests, or association between participants and coaches/directors of any activity from the student's school shall take place on Sunday at any time during the competitive season. Sunday Contact is now allowed outside of the

official competitive season (start date until the state championships) The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday.

A coach may have contact with his/her team on a Sunday/s during the school year for a social, academic or service related activity that is strictly voluntary. The contact must be a voluntary, non-competitive/non-participatory activity.

WINTER VACATION CONTACT PROHIBITION

2310.4 "There shall be no school sponsored activity of any sort, including practices, camps, clinics, tournaments, etc. from and including December 24 through December 27 and New Year's Day. Beginning December 28, **winter sports programs** may have **voluntary** practice (excluding Sundays), but may not compete in interscholastic scrimmages or competition."

2310.41 "No faculty member or coach may have contact with any of his/her school's athletes from December 24 through December 27 and New Year's Day. Beginning December 28, winter sports programs may have voluntary practice (excluding Sundays), but may not compete in interscholastic scrimmages or competition."

RESTRICTED TRANSFER RULE (1800)

Colorado School Choice: The CHSAA supports school choice in academic pursuits and encourages its student participants to enhance their academic achievement. In concert with this approach, the Association's philosophy addresses the establishment of a fair playing field for all student athletes. A student entering high school for the first time shall be eligible for all interscholastic athletic competition.

1800.1 A student who establishes his/her high school eligibility at a member school and subsequently transfers, will be ineligible for varsity competition for 365 days from the date of their transfer, in the sports they participated in during the last 365 days.

1800.2 The transfer rule addresses athletic eligibility only as it relates to transfer between schools. Rules related to age, semesters, academic requirements and other CHSAA Bylaws may result in an eligible transfer being declared ineligible.

Clarifying Statement: the definition of transfer shall be any change of schools by a student participant for academic or participatory reasons. This includes all students who have established their eligibility at: 1) the school they are enrolled in, 2) a school they are playing for because their school of enrollment did not offer that activity and they are participating under state statute, or 3) the student is a home-based student and has established his/her athletic eligibility under state statute.

JV ONLY OR RESTRICTED VARSITY SKIERS (Bylaw 1800.47)

JV only skiers or "Restricted Varsity" skiers per bylaw 1800.47, will be allowed to ski "normally" in regular season races and their times will stay in the race results. However, that skier would not count toward any team scores, league awards, all-state points, and will not qualify for the state championships.

If schools have a student who will be regaining varsity eligibility in the middle of the season, prior to the state championships, please contact Bethany at the CHSAA to review options. These students will only be considered for a waiver to state if they have met the 2 / 3 race minimum start per discipline, and have finished in the top 25% of at least one of the races per discipline.

AMATEUR RULE

In skiing, the amateur rules of the United States Ski Association will be in effect from the closing date of the sports season and until the individual becomes a member of the high school team.

SPONSORSHIP

A team or individual athletes may be sponsored by an outside organization provided all outside equipment and travel are cleared and in writing with the Athletic Director, during the high school season.

Example: Endorsement companies must send all equipment or travel requests to the Athletic Director during the CHSAA season. The Athletic Director will then record and issue the equipment to the student athlete during the ski season. Equipment return is negotiable through school personnel and coaches.

OFFICIAL TEAM

All members of the ski team must meet all CHSAA eligibility and competition rules.

OUTSIDE COMPETITION

2100.2 Players certified to participate as members of any high school sport team may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal, which permission shall be granted if:

1. The student's class attendance is not compromised; and
2. The student is in good academic standing under the school's activities policy applicable to all students.

Q1: When may a principal prohibit a student from competing on an outside team in the same sport during that sports season?

A1: The principal may deny permission only when the student fails to meet the requirements of (1) and (2) above.

Q2: May high school team rules be used to determine the high school eligibility of the students who participate on outside teams?

A2: Yes. Section (b) would include team rules and other school policies which are applied and adhered to by all students.

INTERNATIONAL COMPETITION

Requests to participate in international competition (i.e., a training program or competition (1) conducted or sponsored by the United States Olympic Committee, or (2) directly funded and conducted by a national governing body for athletes having potential for future national participation) held during the school year involving eligible high school students must be submitted to the principal and/or athletic director. The athletic director will file an out-of-state travel waiver with the CHSAA Commissioner or designee.

CHSAA Ski Regulations for Alpine Races

ASSIGNED COACHES

The coach for the team at races must be the high school contracted coach, certified educator (CDE) and/or registered with the CHSAA office. (Refer to the CHSAA Constitution and Bylaws for registration criteria for coaches.)

NUMBER OF CONTESTS

No individual may participate in more than 11 regularly scheduled high school ski races during the skiing season, exclusive of state championships. A registered skimeister may compete in 12 (6 Alpine & 6 Nordic) within the 11 meet schedule, if they desire to do so. Skimeister is a ski league event (see below for details).

NUMBER OF RACES WITHIN ONE DAY

A host school or schools could schedule part of the meet at one site, other events at another site, and then move to another site due to changes in snow conditions. Schools would count this three-site, two-day meet as one of their scheduled competitions.

UNIFORM/EQUIPMENT RULE

Competing equipment rules not covered by the CHSAA can be found at the [USSS Alpine Competition Regulations](#). Complete uniform and equipment rules must be followed to ensure both safety and fairness. Racers must be in proper ski racing athletic attire during their competition (as approved by their school).

PROTESTS

Only coaches may file protests (not spectators, parents, or other racers) against race officials' disqualifications or official results. Coaches will have 15 minutes after the disqualification list or results are posted to make a formal protest. Any protests are to be filed according to the meet organizer's instructions and comply with the rules of protest as defined by USSA and FIS. The results of the jury decision cannot be protested.

VIDEO USE

Video can be used (if available) during a protest and may be used to overturn a DQ (**ALPINE ONLY**).

HOW TEAM SCORING WORKS

In individual events for both alpine disciplines, the score for the winning individual in each event is 60 points (scoring base). The winner receives the full value of the scoring base, and each successive finisher shall score one point less – a reduction of one point per place.

Only **three** individuals from any one team may score points in an individual event. If a fourth or fifth or successive individual from one team finishes in a scoring position, the points to be awarded to that place are awarded to the next skier who is a top three placed skier from a team.

In case of a tie, the tying skiers are awarded the average of the points designated for the tied positions of finish.

The following example illustrates the scoring of a sample competition. The winner receives 60 scoring points, and each successive finisher receives one point less. As explained above, only **three** individuals from any one team may score points.

The final score of a team in the meet shall be the sum of the points earned in each of the events. If the total points are the same for more than one team, that position shall be declared a tie.

Plac	Finisher	Time	Team	Team Points
e				
1.	Racer A	56.97	A	60 – (receives value of scoring base)
2.	Racer B	57.21	B	59
3.	Racer C	57.22	C	58
4.	Racer D	57.33	D	57
5.	Racer E	57.44	A	56
6.	Racer F	57.55	B	54.5 – (racers tied for 6 th & 7 th and share the value of the two positions)
6.	Racer G	57.55	C	54.5
8.	Racer H	57.66	A	53
9.	Racer I	58.12	A	-- (Racer I is fourth skier for Team A, so does not score team points)
10.	Racer J	58.34	E	52
11.	Racer K	58.34	A	-- (Fifth skier for Team A, so no need to split points for a tie)
12.	Racer L	59.22	H	51

SNOWBALLS

In all competitions, snowball throwing is prohibited. Please be considerate of crowds at start and finish lines. The Unsportsmanlike Conduct Penalty will be applied for violation (Bylaw 2200.)

UNSPORTSMANLIKE CONDUCT

Unsportsmanlike conduct is conduct that is unethical or dishonorable. It includes action and/or language that will bring discredit to the individual or his/her school. Disrespectfully addressing an official, using profanity inside the race venue, criticizing an opponent or an official are examples of unsportsmanlike conduct. This can only be reported by a race official. Race officials are defined as members of the jury, gate judges, timers, start and/or finish referees, The penalty is disqualification from the remainder of the meet. If flagrant, the skier would not be allowed to ski in the next race. This must be reported on the race result sheet.

EJECTION OF A SKIER

Any skier who has been ejected from a meet shall be disqualified for the remainder of that meet. In addition, the skier shall be ineligible for the next regularly scheduled meet of the same level. A school may not schedule a meet after an ejection in order to circumvent the penalty. He/she may not take part in any other high school meet during this time. The number of races for which the participant has been declared ineligible will decrease the stated maximum allowable races for the disqualified participant. If the ejection happens *prior* to physically starting the first race of the day, the race will not count as a “start” for the skier. If the ejection happens *after* the skier has physically started racing, it will count as a “start” but will not count as qualifying time for the skier.

Any skier ejected from a second meet during the same season shall be ineligible for the next two meets of the same level. Any skier ejected from a third race during the same season shall be subject to a penalty to be determined by the Commissioner or a CHSAA administrator.

If such ejection occurs in the final contest of the season, then that player shall be ineligible for the first match or contest of the next season of any sport that player elects to play. In satisfying the penalty, the player must sit out a game in a sport in which he/she completes the next season.

Only race officials can disqualify or eject a skier.

RACE VENUE

The race venue for all High School Ski races shall include **all** of the area in the bounds of the ski area. This includes parking lots, lodges, warming buildings, race start structures, shuttle buses, restrooms, ski lifts and ski runs.

EJECTION OF A COACH

CHSAA Bylaws require that a credentialed coach under contract with the school district must assume supervisory responsibility for all interscholastic races. If a coach is ejected and no credentialed person from that school is available, the race shall be forfeited by that team.

If it becomes necessary for an official to eject a coach from a race for any reason, the coach shall be placed on probation in accordance with the policies established by the CHSAA Board of Directors.

TAUNTING RULE

Taunting is considered any action(s) or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist.

Game officials shall, in all sports, follow the rules set forth by the National Federation for each sport. Penalties under these rules may include ejection or other penalties for flagrant unsportsmanship-like offenses. Taunting in all sports and or activities is an unsportsmanlike offense that may result in a game ejection with penalties as outlined in the student ejection policy (CHSAA Handbook, Article 22, Rules 2200.20 and 2240).

LANGUAGE

Competitors, coaches and officials shall maintain high standards of moral and ethical conduct, self-control and responsible behavior. The physical and emotional wellbeing of others must be considered. Courtesy and good manners must be displayed in public places at competitions. Competitors shall abide by the rules of competition in all events in public places. Competitors, coaches and officials shall avoid profane and abusive language. Skiers and coaches can be disqualified for sweating when warranted.

CONDUCT OF PARTICIPANTS

The responsibility for the conduct of the coaches, players and spectators at any athletic contest shall lie with the officials of the schools whose teams are participating in the contest.

SKIMEISTER COMPETITION

The Skimeister competition challenges high school skiers to excel in both alpine and nordic disciplines. Skiers partake in races for classic, skate, slalom, and giant slalom techniques in order to prove that they are the best all-around skier in Colorado. It is not an official CHSAA event; it is a Ski League competition. Skiers compete in each of the four disciplines throughout the regular season and try to accumulate low finishes in each event.

To be eligible to compete in the Skimeister Competition you must:

1. Have your coach must register your name before the first races of the season with the results coordinator
2. Compete in at least one (1) regular season races in each discipline and the Skimeister Championships. For nordic, this must be a state qualifier race.

To be eligible to compete in the end of season Skimeister Championships you must:

1. Start and finish one (1) nordic state qualifier races in each discipline (classic and skate)
2. Compete in at least one (1) GS and one (1) Slalom regular season race. Results of DSQ or DNF count as competing in an alpine race.

Scoring

Each individual race will be calculated to a 20 point scoring system by the following:

1. Divide 20 by the total number of starters. (This calculates finish place points)
2. Determine the points for each skimeister by multiplying their finish place by the number calculated in step 1.
3. If a skier started the race but did not finish, he or she will be awarded a 25.

To determine the overall score for a skimeister:

1. Take the one lowest score from each discipline (GS, Slalom, Classic, Skate) from the regular season and add these up.
2. Each of the regular season lowest scores is doubled.
3. Take the score from each discipline from the Skimeister Championships
3. Add these 8 values.
4. Lowest total in each gender is the winner (the skimeister for the year)!
5. The top 5 (lowest 5 totals) of each gender will be recognized and awarded at the Skimeister Championships.

The State Championships do not count towards skimeister scoring in any way.

Alpine Specific Regulations & Procedures

SEEDING

Coaches seed their own athletes for the first run and the RA will randomize the athletics within each seed to create the start list. In alpine events the second run of alpine events will use the Flip 15 method of seeding.

FORERUNNERS

The host school should obtain 3 to 5 forerunners from outside the school. The Technical Delegate reserves the right to adjust the number of forerunners as necessary.

JURY

The jury for each event shall be made up of the following voting members:

1. Technical delegates (TD)
2. Chief of race (CR)
3. Referee (REF)

**In the event that a qualified TD is not available for a race, a substituted TD shall be assigned by the Chief of Race, and or the coaches present at the coaches meeting. This substituted TD shall be the most experienced licensed USSA or FIS official present. The substituted TD shall not be another member of the jury (i.e. cannot also be the CR or REF) and shall have the authority of the actual TD for that race.*

Note: There will be juries for each gender. No person can hold more than one position of the jury for any single event.

COURSES

High School Ski Race Courses are to be set using U-16 USSS rules as a guideline, all course setters shall be licensed by USSA as Referees.

REFEREE'S REPORT

The referee's report must be on the official form and displayed in the finish arena. Official disqualifications (DSQ) must be recorded on the referee report and will be read over the jury radio and relayed to the start coaches after posting. DSQs will also be posted on "whatsapp" or other approved systems.

STARTS

There will generally be two types of starts:

1. Fixed Interval Command (GS): "10" – After a 5 second pause, starter counts down to "5, 4, 3, 2, 1, Go" – Racer may start 5 sec before until 4 sec after "Go" Failure to start will result in DSQ. Electronic Start "beepers" may also be used
2. Non-Fixed Interval (SL): Starter announces "Ready", followed by a few seconds later (Go) – Racer has 10 seconds to start. Failure to start will result in DSQ

If a Racer scratched on race day, other seeds **MAY NOT** move up a seed to fill that vacated spot. Seeds cannot move up ever due to a scratch.

RERUNS (refer to USSS ACR)

Alpine contestants may request a rerun if they have suffered one of the following:

1. Obstruction by an official or a spectator;
2. Obstruction by an animal;
3. Obstruction by a racer who has fallen and has not cleared the course in time;
4. Objects on the course, such as ski poles, abandoned by a racer in a fall;
5. First-aid measures that obstruct the competitor;
6. Absence of a gate knocked down by a preceding racer and not replaced in time;
7. Any other similar occurrence outside the racers' control, causing a fall, slowing or lengthening of their course, thus significantly influencing the result; or

A racer must ski out of the course at the point where any of the above occurs in order to be eligible to request a rerun. If the racer crosses the finish line NO rerun will be granted.

Delayed Start: Competitor is absent when called to the start gate is SANCTIONED which may or may not include disqualification. This racer MAY be given a PRR (Provisional Rerun).

POSTING OF DQ'S

Coaches must notify the jury of the protest within the 15-minute period and follow-up by filing the protest in writing. In the event the first run is held without sufficient time between the genders, the 15 minute protest period will be after the first runs of both genders have been completed. ALL PROTESTS MUST BE MADE TO THE JURY AND FOLLOWED UP IN WRITING FROM THE COACH.

ATHLETES WHO MISS THE START

If a racer misses his/her start, and if they receive approval from the start referee or the jury, the athlete will start one from the last seeded skier. (In some cases the Jury may insert a racer who misses their start at other locations) *This does not include gratis second runs.* All missed start athletes must be inserted immediately prior to the last scheduled racer and no sooner.

2ND RUN START LISTS (FIELD SIZE)

All alpine events must plan to run a second race for the full field. If the field size must be reduced to an appropriate percentage, this will be decided by the jury and announced one hour prior to the start of the race.

ALL STATE

All State points for the CHSSL Alpine skiers are calculated for each discipline and gender. The following scoring system is used:

1. For each regular season race and States, the top 20 in each race earn points (1st = 20, 2nd = 19, 3rd = 18, 4th = 17, 5th = 16, down to 20th = 1 point).
2. Points are totaled and then skiers are ranked based on highest total.
3. Top eight skiers for each discipline and gender at the end of the season are recognized as All-State skiers.

ALPINE SKI BIB NUMBERS

All bibs worn by racers will have assigned numbers at the start of the season. These numbers will not change that season. Bibs must be visible at all times in the race venue including coat runs. Bibs numbers cannot be modified with tape. Racer must compete in the bib number assigned at entry. All Skiers must start a race with their school race bib number.

Bibs are the responsibility of the participant. If an individual shows up to a race without their bib, they will not be able to participate. The school coach may supply the racer with a substitute school bib with an unassigned number; this is a ONE-TIME substitution. If the bib is completely lost, it is up to the school to obtain a permanent replacement for this individual. In addition, it is the sole

responsibility of the coach to keep track of the bibs and assigned numbers. It is also the responsibility of the coach to inform the Alpine Results Coordinator of any changes.

ALPINE REGULAR SEASON & STATE BIB NUMBER ASSIGNMENT

Battle Mountain	(1-75)	Vail Mountain	(366-400)
Clear Creek	(76-110)	Summit	(401-475)
Eagle Valley	(111-145)	Steamboat Springs	(476-550)
Lake County	(146-180)	Aspen	(551-625)
Middle Park	(181-240)	Durango	(950-999)
Platte Canyon	(241-265)	Evergreen	(701-775)
Nederland	(266-700)		

ENTRY FORMS

Online entry forms will be used for all races. Racers added after the Tuesday/Wednesday (depending on the race day) 9:00 p.m. deadline or the day of the race will be entered as the very last seed for their gender.

Alpine coaches that submit late or incorrect race entries during the regular season or post season will have their athletes seeded last.

CHANGE OF REGULAR SEASON VENUE PROTOCOL

The Site Hosts owns and manages the assigned race. If a change of venue is mandated due to weather or other unforeseen circumstances, the following guidelines apply:

1. The site host must meet with the assigned TD for the race to see if there are any other sites within their division that can host on that date.
2. The site host and TD will pick a new venue based on availability, cost, and location.
3. If no site in that division is available to host, the site host and TD will explore whether or not to combine the race with the other division at one site, or to look for a site in the other division that can host.
4. The Ski League President will be the communication liaison between the site host/TD and with the CHSAA.
5. The CHSAA Assistant Commissioner and the CHSAA Committee Chairperson will be involved with the final decision.

SKI LENGTH & RADIUS

There is no specified minimum radius or length of GS or Slalom skis. If telemark skis are used in races they must have a ski restraint device attached to their ski's. However, we do encourage event specific skis.

2nd RUN RULE

All skiers who have a first run start are eligible for a non-scored second run. This includes skiers that did not finish or were disqualified. If a skier was DQ'd because of an improper helmet, they cannot get a second run. Gratis' second runs will be at the end of the scored racers and will only be permitted if time and conditions exist (per the jury). Gratis' second runners should appear on the second run start list. A line or other marker should appear to delineate the last scored racer. If a gratis second run racer is interfered with, they are not eligible for a rerun.

GOLDEN RULE

All special needs racers are encouraged to participate and the coach should seed them as "0". They may start before the second seed in the first run unless they are listed by their coach as the 1st seed. In the second run, they start after the flip. *For example, if the flip is 15, they will start 16th.* All Golden Rule Athletes will be allowed to ski the second run regardless of how they finished the First run. If the Golden Rule Athlete did not start the first run they can run the second run.

ROLE OF THE RESULTS COORDINATOR

The results coordinator for the Alpine ski side currently does the following:

1. Produce start lists for each race and will manage race information/fact sheets, athlete race waivers, and other meet information.
2. Clean up results from races.
3. Calculate team scores for each race.
4. Use results to update and track All State, state qualifying, and skimeister points and lists.
5. Post all of the above on the CHSSL coaches' site.

AREA RESPONSIBILITIES FOR HOSTING A MEET

These are the minimum requirements for hosting a meet. The meet director can adopt stricter standards.

I. QUALITY RACE VENUE AND FACILITIES

- A. Race Committee/Officials: shall be responsible for all technical aspects in the conduct of the competition, including course selection and preparation. The race committee shall be constituted as follows: The chief of race (chair), technical delegate, referee, start referee, finish referee, chief of course, chief of timing and calculations. These officials have the responsibility to enforce infractions of all rules. Other personnel needed are: gate judges, assistant starter, and hand timing crew.
- B. Race Crews - Adequate crew for course maintenance
- C. Race Equipment Safety.
- D. Accessibility for spectators.
- E. Must have adult supervision throughout the duration of the race. Area designated for athletes and spectators (storage, changing, etc.)
- F. Area for calculations and results (States)
- G. Provide a minimum of 2 free coaches tickets per team or 1/8 racers
- H. Lunch should be provided by the area or host school for the jury, setters, and volunteer workers.

II. SAFETY AND MEDICAL RESPONSE

- A. Courses should be set to the level of skiers in the high school field.
- B. All race crews and volunteers should have knowledge of first aid and medical procedure plans should an accident occur during the meet.
- C. Radio communication must be maintained throughout the race. (5 min. for jury)
- D. Administrators and medical personnel should have course diagrams and time schedules.
- E. If temperature level drops (to) between 5°F and - 13°F at any point on the course, recommendations regarding cold weather protection must be given to competitors and officials by the jury.
- F. If the temperature in the major portion of the course is minus 13°F or below, the competition can be delayed or canceled.
- G. Areas of the course that may cause injury must be marked and/or fenced off. (Reasonable accommodations to prevent injuries are mandatory.) Technical Delegate (TD) and race jury will confer on all decisions regarding safety.
- H. Qualified Ski Patrol medical personnel will be available on site. A Race medical plan will be distributed at the team captains meeting. All injuries will be reported to the TD and CHSAA liaison

III. COST/LOGISTICS

- A. Provide information to participating schools of lodging or restaurants within the proximity to race venue (States).

IV. COMMUNICATIONS

A. Must send out all pre and post meet information, race and ticket fees, and staffing (referees & setters) in a timely manner to schools, coaches, and meet officials and post on the Race Host Google Sheet.

V. TIMING

Electronic timing should be used as the primary timing system for all events, and Split Second Club is strongly preferred. All races should have a back-up timing system, preferably manual hand-timing

VI. COURSE SETTING RULE

Only certified or qualified personnel who hold a current Referee license can set courses. Course setters should follow the USSA Rules for U-16 age group regulations as a guideline for setting a course. If a certified race crew is not available, it is recommended that the host school/home hill supply appropriate course setters for the first run. Second run setters will be chosen at either the coaches meeting before the race or just prior to the race by the TD or jury.

VII. MEDICAL SERVICES

Qualified Ski Patrol medical personnel will be available on site. A Race medical plan will be distributed at the team captains meeting. All injuries will be reported to the TD and CHSAA liaison

VII. USEFUL TOOLS

Memo board (wipe off) in the Start Area. This can be used to list 1st Run DQ's, schedule changes, or just post the event schedule (program) for the day.

VIII. RESULT REPORTING

The race organizer is responsible for reporting individual results to the results coordinator for the appropriate discipline **in a timely manner**. These results will be posted on the CHSSL coaches' website. Individual coaches are responsible for distributing these to media in their areas. CHSAA will download and publish these results on the CHSAA website (www.CHSAAnow.com).

IX. COACHES MEETING

The host school should schedule a Virtual coaches meeting for the night before the competition. Notification of the meeting should be made at least one week before the event date.

CHSAA SKI REGULATIONS FOR THE STATE COMPETITION

STATE MEET HOST SITE HISTORY

1987	Battle Mountain	2000	Battle Mountain	2013	Middle Park
1988	Lake County	2001	Lake County	2014	Nederland
1989	Pagosa Springs	2002	Middle Park	2015	Summit
1990	Middle Park	2003	Eagle Valley	2016	Aspen
1991	Platte Canyon	2004	Steamboat Springs	2017	Steamboat Springs
1992	Eagle Valley	2005	Summit	2018	Lake County
1993	Nederland	2006	Middle Park	2019	Durango
1994	Vail Mountain	2007	Battle Mountain	2020	Battle Mountain
1995	Battle Mountain	2008	Steamboat Springs	2021	
1996	Lake County	2009	Lake County		Evergreen/ClearCreek
1997	Middle Park	2010	Summit	2022	Middle Park
1998	Summit	2011	Aspen	2023	Summit
1999	Clear Creek	2012	Battle Mountain	2024	Platte / Middle Park
				2025	Aspen

STATE MEET MANAGEMENT

The management of the state meet will be under CHSAA direction and governed by modified CHSAA. The CHSAA State Ski Championships will have a Championship Committee made up of

the alpine race directors, the host school's athletic director, and the CHSAA representative, who will have authority over the championships with regards to scheduling and venue changes. For an outline of the division of responsibilities between the host school, CHSAA, and CHSSL administrators, see below.

QUALIFYING REQUIREMENTS ALPINE

To qualify for state championships for Alpine in a specific discipline (GS or Slalom), a skier needs to be eligible and qualified in that specific discipline.

Eligible means that a skier must race in at least 2 out of the 3 races in that discipline.

Qualified means that in at least one race from that discipline the racer must finish in the top **1/4** of the starting field (cumulative times from both runs if there are two). A skier may qualify in one or both disciplines. If the skier qualified in only one discipline, then the skier can only compete in that discipline at the state ski meet.

Bye to State skiers: Each school is guaranteed a minimum of three skiers in each discipline. If the student-athlete does not meet the above qualifying requirement. All skiers given a "bye to state" will be seeded after skiers who have met the qualifying requirements. All "bye to state" skiers must be eligible.

ROUNDING OF QUALIFIERS

In determining qualifiers for both Alpine (top 25%) the decimal .01 to .99 is rounded up.

WAIVERS

Any CHSAA athlete may submit a waiver to CHSAA if his or her coach feels that he or she should be allowed to compete in the State Championships, but the athlete has not qualified for some reason out of the athlete's control. A separate form must be submitted for each racer and event for which a waiver is requested. All waivers must have accompanying documentation and the required signatures. No waivers will be granted for athletes missing a race due to a club race.

Waivers will not be accepted after 12:00 pm on Monday, February 17, 2025. Please plan ahead and submit prior to the deadline!

WARM-UP ON THE HILL

A warm-up course may be provided by the host school at the state meet for the slalom. The course must be open to all skiers.

SALE OF SOUVENIR ITEMS

No sale of souvenir items such as T-shirts, etc. without prior approval by the CHSAA office is permitted at any state tournament.

JURY

There will be juries for each gender and each event. These may be that same jury for all genders and events or may be separate ones for each.

AWARDS

CHSAA gives out awards to the winners at the state meet will receive medals for places one through five in the Giant Slalom and Slalom. A trophy for the first and second place teams overall for men and women will be presented.

The Colorado High School Ski League gives awards to the top 8 all-state skiers in both alpine disciplines in each gender, the top 5 skimeisters in each gender, and a coach of the year in both alpine.

The awards ceremony for both of these sets of awards will follow the competition each day and will be open to the public (pending inclement weather and/or extreme travel). The awards ceremony will

happen as quickly as possible after the completion of the events pending any sort of unavoidable delays. In the event of a tie, an additional medal or trophy will be ordered the Monday following state championships. Please contact Bethany to confirm additional orders for CHSAA awards or Bob Feroldi for additional orders of CHSSL awards.

ACTS OF GOD

The following policy statements represent the general operating procedures of the CHSAA regarding post-season games/events, tournaments/conferences that are threatened by acts of god. Circumstances not covered by this policy are left to the discretion of the CHSAA Office for directions and/or discussions where deemed appropriate.

Team Competition

1. **Dual:** The scheduled starting time and/or date of a contest/event may be adjusted upon consultation and mutual agreement of the administrators from the two affected schools as well as consultation with the CHSAA office.
2. **Tournament Conferences:** In the event inclement weather prevents a team(s) from arriving on time for a scheduled contest as part of a post-season tournament, the following steps will be enacted.
 - a. When the number of schools participating is 25% or more that are unable to be present, the tournament/conference director, in consultation with the CHSAA, shall postpone all or part of the day's contests/activities. Alternative brackets and time schedules shall be determined by the director, in consultation with the CHSAA, which may include the contest/tournament.
3. **When less than 25% of schools are not able to attend, the following procedures will be followed:**
 - a. Notify the tournament director or designee with complete details a minimum of four hours before the scheduled starting time the day the tournament is to begin and/or other affected days of the tournament.
 - b. If unable to arrive for the scheduled starting time, that segment of the bracket (match) will be moved to a later time slot that evening following the completion of scheduled contests.
 - c. In the event "b" is not possible, the match(es) will be rescheduled the following morning where the schedule permits at a time to be set by the tournament director.
 - d. In the event "c" is not possible and the contest(s) cannot be rescheduled due to a facility and/or schedule conflicts, etc. the contest shall be declared a forfeit. When a consolation bracket is available, the team unable to make the contest will enter the consolation bracket.

Individual Competition:

1. **Tournaments/Conferences.** In the event inclement weather prevents an individual(s) from arriving on time for a scheduled event as part of a post-season tournament, the following will apply:
 - a. In cases where less than ten percent of participants are affected, the event/tournament will continue as scheduled and the individual will forfeit his/her position in the draw. When a consolation bracket is involved, the participant(s) unable to make the scheduled match will enter the consolation bracket. (The sport specific rules apply, i.e. NFHS weigh-in policy).
 - b. If a number of participants in excess of ten percent cannot be present prior to the official check-in period, but are planning to attend and contact the tournament director a minimum of four hours in advance of the tournament, the tournament director—in consultation with the CHSAA—may adjust the overall schedule for the purpose of allowing maximum participation.

- c. When the number of participants is 25% or more who are unable to be present, the tournament director-in consultation with the CHSAA-shall postpone all or part of the day's contests/activities. Schedule/brackets and alternative plans shall be determined by the director, in conjunction with the CHSAA, which may include extending the contest/tournament.

Division of Responsibilities for the State Meet

CHSAA

1. Send a liaison to be available and present at all events for any questions or concerns.
2. Pay for appropriate expenses (meet officials, timing company, food, etc.)

HOST SCHOOL

1. Determine schedule of the meet.
2. Provide and plan for registration and a coaches meeting and ski league discussion on the night before the races. (This includes providing dinner in most cases.)
3. Secure venue and hire timers.
4. Recruit volunteers
5. Be in charge of general logistics and running of the race. This includes parking, venue management, volunteers, etc.
6. Plan the awards ceremonies.

CHSSL RESULTS COORDINATOR

1. Provide a list of state-qualified athletes to CHSAA for the state program.
2. Produce the start lists and send these to CHSAA and all coaches.
3. Calculate final team points, individual awards, and all state lists during and following the competition.
4. Produce a final list of award winners for CHSAA and coaches.

SKI LEAGUE OFFICIAL

1. Order ski league awards ahead of time.
2. Help to run the awards ceremony.

CHSAA STATE ALPINE SKI WAIVER FORM

Waivers will not be accepted after 12:00 pm on Monday, February 17, 2025. Please plan ahead and submit prior to the deadline!

This waiver form must be submitted to the CHSAA office no later than the listed deadline. **Any athlete who misses any race due to a non-high school related activity will not meet the requirements for a waiver.** *Ex: If an athlete chooses to go on a college visit during their second race of a discipline, and then prior to the third race, they suffer a concussion, a waiver will not be accepted. Ex: If an athlete decides to attend a club race during the first race of a discipline and then cannot attend the second race of a discipline due to a road closure in a snowstorm, a waiver will not be accepted.*

A separate form must be submitted for each racer and event for which a waiver is requested. Waivers will only be considered for skiers who have qualified but could not meet the 2/3 race eligibility.

1.

_____ School

2.

_____ Student's Name

3.

_____ Coach's Name

4. Coach's Phone Number _____

5. Is the athlete academically eligible: yes no

6. Races the athlete competed in and his or her placing in each: Qualified – Check box if Yes

7. List all races that athlete missed or did not complete with explanation (please include any additional paper work to support waiver request).

8. Please attach any written explanation needed to explain why this athlete deserves to race in the state competition although they are not officially eligible.

9. Students' Signature _____

Coach's Signature _____

Athletic Director's Signature _____

No waiver will be considered without all signatures
EMAIL: Bethany Brookens – bbrookens@chsaa.org