

CHSAA™



# UNIFIED BOWLING

## 2025 BULLETIN

### CHSAA CONTACTS:

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TO: ATHLETIC DIRECTORS/COACHES OF SCHOOLS PARTICIPATING IN UNIFIED BOWLING  
FROM: JENN ROBERTS-UHLIG, ASSOCIATE COMMISSIONER  
AUDRA PETERSON CATHY, SENIOR COORDINATOR OF SPORTS  
RE: 6th ANNUAL CHSAA HIGH SCHOOL UNIFIED BOWLING SEASON

Welcome to the 6th season of interscholastic Unified Bowling under the Colorado High School Activities Association (CHSAA). We are excited to continue building the growth and expansion of Unified Bowling in Colorado along side you.

Attached you will find the official bulletin for the 2025 season. This document includes critical information such as sport-specific modifications, guidelines, policies, bylaws, and recent updates. We encourage you to reference it throughout the regular season and postseason. Please note, while the bulletin is a vital tool, it does not replace the CHSAA Constitution and Bylaws.

We are pleased to serve as your Unified Bowling Commissioner and Sport Coordinator for this upcoming season. Due to the continued growth of Unified Bowling across the state, the CHSAA office will continue a relationship with the Bowlero- Lone Tree and they will serve as the venue for this year's state championship. The 2025 CHSAA Unified Bowling Championship is scheduled for **November 21**.

This year, the Unified Bowling Committee will be chaired by **Chris Enzminger**, Athletic Director at Littleton High School. The annual committee meeting is set for **December 2 at 9:00 a.m.** and will be held virtually via Zoom.

If your school does not yet offer Unified Bowling, it's not too late to get involved. Starting a program is simple and provides a meaningful opportunity for all student-athletes to participate. Interested schools should contact **Jenn Roberts-Uhlig** no later than **September 12** to learn how to get started.

Lastly, we would like to extend our deepest thanks to all coaches for your time, dedication, and commitment to mentoring young athletes. Your impact is invaluable, and we look forward to another successful season of Unified Bowling.

**HUGE thank you to our partners, Special Olympics Colorado**



Sincerely,

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## CHSAA MISSION STATEMENT

### "Seeking Excellence in Academics, Activities, and Athletics"

In pursuit of excellence, the Colorado High School Activities Association strives to create a positive and equitable environment in which all qualified student participants are challenged and inspired to meet their highest potential.

To fulfill this mission the Colorado High School Activities Association will:

- Act as an integral component of the educational process.
- Administrate, interpret, and seek compliance with the CHSAA By-laws as needed to promote fair play within Colorado activities and athletics.
- Provide diverse and equitable opportunities for participation that encourages all qualified students to take part in the activity/athletic experience.
- Provide an environment that enhances personal development through sporting behavior, character education, teamwork, leadership, and citizenship while increasing values that partner the educational standards of the State of Colorado.
- Recognize the outstanding accomplishments of Colorado athletes, teams, coaches, and administrators through our academic and activity awards programs.



The 2025 Colorado High School Activities Association Unified Bowling bulletin is prepared for school administrators and coaches. All coaches and athletic directors are urged to read and familiarize themselves with this document. A reminder, not every rule is covered in this bulletin. Schools are responsible for knowing the rules covered in the CHSAA Constitution and Bylaws and any United States Bowling Congress and Special Olympics. All contests shall be conducted under the United States Bowling Congress rules (link: [USBC](#)) in conjunction with Special Olympics Sports, Bowling rules (link: [Special Olympics, Bowling](#)). We also encourage schools to view the Unified Sports® Special Olympics Handbook that may be found here: [Unified Sports® Handbook](#)

### Purpose of Unified Sports®

Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports® joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. Having sport in common is just one more way that preconceptions and false ideas are swept away.

If schools have questions regarding this Unified Bowling Bulletin, please contact:

Jenn Roberts Uhlig ([jrobertsuhlig@chsaa.org](mailto:jrobertsuhlig@chsaa.org)) OR Audra Peterson Cathy ([apetersoncathy@chsaa.org](mailto:apetersoncathy@chsaa.org))



## 2025 UNIFIED BOWLING SEASON CALENDAR

August 11.....	First formal practice
August 11.....	Pre Season Zoom Meeting - 4:00 pm
August 16.....	First scrimmage
August 21.....	First contest
September 12.....	Deadline to declare a program for 2025 season
October 1 .....	Regional Host Zoom Meeting - 4:00 pm
November 4 .....	11:30am - Regional Host Meeting
November 10.....	End of Regular Season
November 12-14 .....	Regionals
November 21.....	State Championship SITE: Bowlero at Lone Tree 9255 Kimmer Dr, Lone Tree, CO 80124
December 2 .....	Unified Bowling Committee Meeting Virtual via ZOOM

# CHSAA UNIFIED BOWLING ADVISORY COMMITTEE

## Chris Enzminger (Chair)

Littleton High School – 4A (2026) 2<sup>nd</sup> term  
[cenzminger@lps.k12.co.us](mailto:cenzminger@lps.k12.co.us)

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## Amanda Wermers

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## Chaka Sutton

Special Olympics Colorado  
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Thank you to our Unified Bowling Committee!

## CHSAA COMMITTEE MEETING

Tuesday, December 2

This meeting will be a virtual meeting via ZOOM. If you plan on presenting a proposal or a topic for discussion, please contact [Jenn Roberts-Uhlig](#), Assistant Commissioner at CHSAA or [Chris Enzminger](#), CHSAA Committee Chairperson so you can be placed on the agenda. Changes made at the meeting, pending the legislative council process, are in effect for the 2026 season.

## COMMITTEE PROPOSALS

If you plan on bringing a proposal to the committee you must submit a [CHSAA Committee Proposal Form](#) that has been proposed by a league and signed by the league president. This form is due **one week** prior to the committee meeting. Please email this form back to [Audra Peterson Cathy](#).

## HOW TO GET RECOMMENDED FOR A COMMITTEE:

Contact your league president, athletic director or Legislative Council Representative in February for a recommendation

## MAJOR CHANGES 2025-2026

1. CLOC TIMELINES & LOGISTICS  
– Constitution & Bylaws, Article 15, Rules 1500.2 - 1500.48 .....page 42
2. CLASSIFICATION & LEAGUE PLACEMENT DETERMINATIONS  
– Constitution & Bylaws, Article 15, Rule 1510.....page 46
3. TRANSFER TYPES (MILITARY, GUARDIANSHIP & ADMINISTRATIVE)  
– Constitution & Bylaws, Article 18, Rules 1800.31 - 1800.33 .....page 68
4. AMATEUR STATUS (NAME, IMAGE & LIKENESS)  
– Constitution & Bylaws, Article 20, Rules 2000.1 – 2000.8.....page 83
5. ADMINISTRATIVE CONTROL  
– Constitution & Bylaws, Article 2200, Rule 2260.2 .....page 96
6. SUNDAY PRACTICE – ICE HOCKEY & ALPINE SKIING  
– Constitution & Bylaws, Article 23, Rule 2310.5 .....page 102

Please note that the CHSAA staff continually updates the CHSAA Constitution and Bylaws as needed. The most updated document can be found at [CHSAANOW.com](http://CHSAANOW.com).

### SPORT POLICY/PROCEDURE CHANGES

#### Major Changes

- A. No major changes

#### Informational Items

- A. The committee met on December 3, 2024.
- B. CHSAA will continue to watch the growth and expansion of Unified Bowling and will evaluate when it's necessary to split into two classifications/divisions.
- C. Deadline to declare a program for 2025 season is September 12th. Please contact [Jenn Roberts-Uhlig](#).

THE TENTATIVE LIST OF 2025 UNIFIED BOWLING SCHOOLS AND THEIR REGIONAL ALIGNMENT CAN BE FOUND IN THE [REGIONAL & STATE CHAMPIONSHIPS INFORMATION SECTION](#).

## SPORTS MEDICINE ADVISORY COMMITTEE

For all CHSAA sports medicine policies, procedures, and protocols, please visit the [Sports Medicine Advisory Committee Handbook](#).

Lightning and Tornado Policy and Procedures and Heat Acclimatization and Safety Priorities can be found in the [Sports Medicine Advisory Committee Handbook](#).



## SPORTSMANSHIP

[CHSAA Game Management & Sportsmanship Expectation Guide](#)

## BECOMING AN OFFICIAL

If you or someone you know is interested in becoming an official, please contact Monica Tillman in the CHSAA officials office at [mtillman@chsaa.org](mailto:mtillman@chsaa.org).

## THE AMERICANS WITH DISABILITY ACT

**Please note:** All rules and policies contained within this bulletin are subject to the ADA's requirement to provide reasonable modifications for a disabled student(s). A reasonable modification(s) shall provide a disabled student with equally effective access [to the activity] unless the provision of such reasonable modification would constitute a fundamental alteration of the essential elements of the activity involved. Please refer to CHSAA bylaw 500 for more detailed information.

## MINI CHAMPIONSHIP TROPHIES

You can find the link for the Personal Trophy PDF [HERE](#).



# COLORADO COACHES CODE OF ETHICS

1. **PROFESSIONALISM** A COACH will uphold the honor and dignity of the profession. In all personal contact with students, officials, athletic directors, school administrators, the state high school athletic association, the media, parents, and the public, the coach will strive to set an example of the highest ethical and moral conduct.
2. **INFLUENCE** A COACH will be aware that he or she has a tremendous influence on the education of the student and, thus, shall place the highest value on instilling the ideals of character. The coach will realize that he or she is a role model, both in the school, the community and on social media accounts, and his or her actions must live up to their words.
3. **LIFE LESSONS** A COACH will know that the lessons of the game are more important than the outcome of the game, and the coach will demonstrate an understanding of the athletes' growth and development in life beyond the game.
4. **PRIORITIES** A COACH will remember that the game is for the young people, and will place the athletes' needs and interests before his or her own.
5. **SPORTSMANSHIP** A COACH will personally demonstrate sportsmanship, and exert his or her influence to enhance sportsmanship by all team members and spectators.
6. **RULES** A COACH will master the contest rules and shall teach them to his or her team members. The coach shall honor both the spirit and letter of the rules.
7. **SAFETY** A COACH will ensure a safe environment and safe equipment, and practice safe training techniques based on current practices.
8. **OFFICIALS** A COACH will respect and work with officials, understanding their importance and the role that they play in the event.
9. **TRAINING RULES** A COACH will take an active role in promoting a positive lifestyle and in the prevention of alcohol, tobacco and drug usage by team members.
10. **SOCIAL MEDIA** A COACH will use team social media for only positive communication, team promotion, and team building, and encourage team members to use social media responsibly.
11. **PARTNERS** A COACH will work with the athletic director to be knowledgeable about and follow school district policies and procedures, and CHSAA rules and bylaws.
12. **CONTINUED DEVELOPMENT** A COACH will continue his or her own professional development through coaching clinics, and other learning tools. The coach will continually seek a mastery of coaching principles and techniques, and show interest in continual growth.

(adapted from NFHS, NHSACA, and CHSCA)

# CHSAA UNIFIED BOWLING RULES & GUIDELINES

## INTRODUCTION

The CHSAA Constitution and By-laws and United States Bowling Congress and Special Olympics are the official rules of the Association. This bulletin provides the regulations for Unified Bowling operations, but never supersedes the regulations found in the Constitution and By-laws nor the United States Bowling Congress and Special Olympics.

The By-laws should be read prior to the season. If any questions should arise or interpretations are necessary, please contact Jenn Roberts-Uhlig, Assistant Commissioner at CHSAA.

## SEASON INFORMATION

The length of the Unified Bowling season shall be 13 weeks for regular season. The number of practices, practice times, contest specifics, and other details will be decided locally by the school district. Three practices must be completed prior to the first contest. One of the three practices must take place in a bowling facility.

The season starts the first day of practice and the season ends with the state tournament.

Bowling teams can compete only with other teams that are registered with the CHSAA during the Unified Bowling season.

## PARTICIPATION

- The CHSAA has one competitive interscholastic division. Participation in the interscholastic program of a high school is limited to students in grades 9-12.

## SPORTSMANSHIP

- **Conduct and Sportsmanship.** Member schools shall maintain proper crowd control and enforce the principles of good sportsmanship and ethics during all interscholastic contests. Failure to fulfill this obligation shall subject the school to penalties as provided in Article 22, Section 2200 of the [CHSAA Bylaws](#).
- **Conduct of Coaches and Athletes.** Coaches and athletes shall conduct themselves in accordance with the playing rules of the sport contest and refrain from unsportsmanlike conduct during interscholastic competition. Failure to fulfill this obligation will subject the individual(s) to the penalties as provided in Article 22, Section 2200 of the [CHSAA Bylaws](#).
- **Definition of Unsportsmanlike Conduct.** Unsportsmanlike conduct shall include the following: fighting, verbal abuse or dissent directed toward an official or opponent, racial or ethnic slurs, inappropriate comments or actions that may be construed as sexual harassment, profanity, obscene gestures, flagrant and violent fouls, taunting, trash talk, baiting, cheating, throwing or abusing equipment, inappropriate posters, physical intimidation or abuse of an official or opponent, and unauthorized leaving of a team bench area.
- **Individual Instruction.** During a season of a sport, a student is permitted to take instruction from a person other than the high school coach at times other than scheduled high school practice sessions, but such instructions shall not interfere with, nor be substituted for the high school coaching, practice sessions, or contests.

- Administrators will be expected to promptly contact the CHSAA office in the case of a coach's ejection.
- A participant or coach ejected from a contest for unsportsmanlike conduct shall be ineligible for the next athletic contest at that level of competition and any other athletic contest at any level during the interim.

### **OUTSIDE PARTICIPATION**

- Outside participation is approved for students participating in Unified Sports®. As an example, students in CHSAA member schools that participate in Unified Sports® may also participate on their "club" bowling team during the CHSAA Unified Sports®, Bowling season. This does NOT apply to other CHSAA sports.
- During a season of a sport, a student is permitted to take instruction from a person other than the high school coach. Group instruction, practices with outside teams, and tryouts for outside teams other than as part of a college or university recruiting visit, however, are not permitted.

### **PLAYING RULES**

Official rules and regulations for all Unified sports and activities shall be those posted in the CHSAA bulletin in collaboration with Special Olympics – Colorado and the United States Bowling Congress (USBC).

[Special Olympics](#) | [United States Bowling Congress \(USBC\)](#)

### **TIE-BREAKING PROCEDURE**

Sudden death. An official coin flip will determine who decides on lane and order.

Each team gets one delivery. Higher pinfall wins the tie breaker. The bowler and order are determined by the last game, including substitutions. The same rotation must be used during a tie breaker. For example, the athlete from the final game will bowl the first tie breaker delivery, followed by the first partner (2nd tie breaker delivery, if needed), then the second partner (3rd tie breaker delivery, if needed). The pins are cleared and re-set following each tie-breaker delivery.

### **UNIFORM/DRESS CODE**

All members of the teams should wear school uniforms during play. The following shall apply during Regional/State Championship play:

All bowlers must wear similar shirts of the same color and/or school name/logo.

Proper shoes are required (if applicable).

Participants must keep their uniforms on while in the competition area. Coaches should wear either a team uniform or appropriate coaching apparel in school colors for easy identification. No advertising or sponsorship is allowed on competition uniforms.

Athletes will not be allowed to wear awards during competition.

### **SUSPENDED GAME POLICY**

A regular season game called for any reason where a winner cannot be determined, or any game called at any time for mechanical failure (i.e., lights, electrical issues, etc.) prior to becoming an official game will be treated as a suspended game. If the game is to be completed it will be continued from the point of suspension with the lineup and order of each team exactly the same as the lineup and order at the moment of suspension and subject to the rules of the game. Both schools involved in the game must agree to the suspension.

## **LAST DATE FOR PLAYING REGULAR SEASON GAMES**

All scheduled and postponed regular season meets must be played prior to November 10. Once regional competition begins November 12-14, no regular season contests shall be permitted.

## **MUSIC LICENSES**

Generally, music used for contests (warm-up, half-time, “walk-up” music, etc.) needs to be licensed. Some music may be in public domain; however, most music is not and will require a license. This season take the necessary time to verify your music is licensed through the proper entities. Visit [www.nfhslearn.com](http://www.nfhslearn.com) for additional resources.

The Colorado High School Activities Association (CHSAA) assumes no responsibility for the payment of copyright, royalty, or any other fees associated with the use of music at the Unified Bowling State Championship. The sole responsibility of ensuring that all U.S copyright laws, in connection with music and school performances are adhered to, belong with the school and/or coaches of the representative teams. All penalties associated with non-compliance will be the responsibility of the school and/or coaches of the team.

The NFHS has obtained and secured the rights (Provisional License) for all MEMBERS of the NFHS/State Associations, to perform it publicly, however, schools must still obtain permission to use mashups and mixes.

[NFHS Understanding Copyright and Compliance Course](#)

## **SAFETY**

Coaches must implement a program that stresses safety and injury prevention.

## **LATE ARRIVAL**

If a bowler arrives late, they will be blinded for the first 3 frames. If they show up in those frames, they may bowl the end of that game. If bowlers arrive after the 3<sup>rd</sup> frame, they will not be able to join that game, but can bowl the remaining games. Bowlers will receive a zero score for all missed games. The score for the completed frames can be used for athletes not able to complete a game due to medical reasons.

Absentee scores will not be used at any level of competition.

Athletes must qualify from a Regional Qualifier to attend the State Competition.

Coaches are expected to provide accurate and honest scores of their athlete’s abilities.

Coaches and spectators will not be allowed on the Lanes while the athletes are competing. Spectators will be given one warning. If a second offense occurs, the spectator will be asked to leave the premises. If the spectator does not comply, the athlete will be disqualified from the event.

Due to facility upgrades, proper ball rolling will be enforced at all bowling events. Facilities are indicating that “lofting” the ball and other actions that can be considered unsafe will not be tolerated and are grounds for disqualification.

Absentee scores will not be accepted. If a doubles or team is short an athlete, they may still compete. The missing bowler’s score will be recorded as zero (0). They will be awarded appropriately based upon their finish within their division. The doubles and team may advance to the next level of competition if they win their division, however the missing bowler will not advance with his/her team. The team must advance exactly as it competed in the qualifying event.

## **MODIFICATIONS**

Adaptive bowling balls may be used.

Wheelchair or assistive device bowlers will only be allowed to stay on the lane surface if their placement does not hamper another bowler's approach.

## **BYLAWS**

Please see Article 45 of the [CHSAA Bylaws](#) for information pertaining to Unified Bowling.

## **TEAM COMPOSITION**

Teams will consist of up to five players, three competing and two substitutions.

Team make-up:

The three students competing should be comprised with at least two students (athletes) with an intellectual disability (see "Eligibility" below) and 1 non-intellectually disabled student (partner). Coaches may play an additional student with an intellectual disability as a partner.

Unified Sports teams must be comprised of boys and girls making it co-ed. A student with a physical disability may participate as a partner.

Per bylaw 2850.3, "(d) COED TEAMS – Whenever the Association designates a coed team, that team must be composed of both boys and girls."

During regular season competitions/events, schools will determine the number of teams they would like to have on their roster. Local facilities, tournament format, and participant numbers on opposing teams may/may not dictate the number of team entries.

**NOTE:** During district and state championship play, schools will be limited to entering one team from their roster for competition.

## **(ATHLETE) ELIGIBILITY**

1. To be eligible for participation in Unified Sports, an outgrowth of Special Olympics, a competitor must agree to observe and abide by guidelines and rules set forth by the CHSAA.
2. Unified Sports and its parent-arm, Special Olympics, were created and developed to give individuals with intellectual disabilities the opportunity to train and compete in sports activities.
3. Eligibility for participation in Unified Sports:
  - a. General Statement of Eligibility: Please refer to [Bylaw 4520.1](#) for explanation of Unified Sports eligibility.
  - b. Age Requirements: Students must be in high school and meet the age requirements as shown in [Bylaw 1770.1](#). Any special needs student who exceeds the age limit per bylaw 1770.1, would require an approval from CHSAA. Please complete, via the [CHSAA rSchool platform](#), the main transfer waiver. Submit the transfer waiver as a hardship and upload the IEP.

- c. Degree of Disability: Participation in Unified Sports training and competition is open to all persons with intellectual disabilities who meet the age requirement of this Section regardless of the level or degree of that person's disability, and whether or not that person also has other mental or physical disabilities, so long as that person registers to participate in Unified Sports as required by these general rules.
- d. Identifying Persons with Intellectual Disabilities: A person is considered to have intellectual disabilities for purposes to determining his or her eligibility to participate in Unified Sports if that person satisfies any one of the following requirements:
  - i. The person has been appropriately determined by an agency or professional as having intellectual disabilities as determined by such professionals (Individualized Education Program); or the person has a cognitive delay, as determined by standardized measure such as intelligent quotient or "IQ" testing or other measures which are generally accepted within the professional community in that Accredited Program's nation as being a reliable measurement of the existence of a cognitive delay; or
  - ii. The person has a closely related developmental disability. A "closely related developmental disability" means having functional limitations in both general learning (such as IQ) and in adaptive skills (such as recreation, work, independent living, self-direction, or self-care). However, persons whose functional limitations are based solely on physical, behavioral, or emotional disability, or a specific learning or sensory disability, are not eligible to participate as athletes, but may be eligible as a partner.

**\*The CHSAA does not determine whether a person has an intellectual disability, but determines eligibility based on identification made by an agency, professional, and/or local school.**

#### 4. NOTIFICATION FROM COLORADO DEPARTMENT OF EDUCATION ON SPECIAL EDUCATION SERVICES AND UNIFIED SPORTS®

Unified Sports® and Special Education

Link: <https://sites.ed.gov/idea/>

#### (PARTNER) ELIGIBILITY

Though Unified Bowling allows for partners with disabilities other than intellectual disabilities, Unified Sports® was developed to provide Special Olympics athletes with the choice of a sports program that brings about meaningful inclusion with their non-disabled peers. The desired objectives of a Unified Sports® experience are best fulfilled when partners on a team are individuals without disabilities. Even though an individual with a disability may make an appropriate partner, schools should focus on forming teams that are not composed solely of people with disabilities.

#### PLAYER EJECTION

Any player who has been ejected from a match, contest, or performance shall be disqualified for the remainder of that match, contest, or performance. In addition, the player shall be suspended from competition for the next scheduled match, contest, or performance played at the same level (sophomore, junior varsity, or varsity).

## **COACH EJECTION**

A coach ejected from a contest for committing an unsportsmanlike act shall be suspended from coaching for the next regularly scheduled match or contest of the same level. He/she may not coach in any other contest at any level during this time.

A coach ejected from a game is automatically placed on probation according to policies established by the Board of Directors (For necessary action by the school administration, see [CHSAA Bylaw 2420.11](#)).

A coach ejected from a game is required to complete the following courses offered on-line by the National Federation of State High School Associations (NFHS): Sportsmanship; and, Teaching and Modeling Behavior. These courses shall be completed before he/she will be removed from probation and must be finished in a reasonable amount of time during the season to be determined by the school's athletic director.

## **COACHES INFORMATION**

Each coach should become familiar with all eligibility rules. CHSAA Handbook has been distributed to member schools. If you do not have access to this material, contact your athletic director.

**Check the CHSAA Handbook for the details related to the following rules.**

PLAYING OF AN INELIGIBLE WILL RESULT IN FORFEITURE.....	<a href="#">Article 2400</a>
SUMMER SCHOOL MAKE-UP .....	<a href="#">Article 1750.1</a>
INTERNATIONAL STUDENT RULE .....	<a href="#">Article 1880</a>
ORGANIZED TEAM PRACTICE .....	<a href="#">Article 2310.3</a>
PHYSICAL EXAMINATION/PARENT CONSENT .....	<a href="#">Article 1780</a>
MEDICAL RELEASE FOR INJURIES .....	<a href="#">Article 1780.2</a>

**Note:** [CHSAA Constitution and Bylaws](#)

## **COACHING REQUIREMENTS**

Unified Sports coaches will follow the certification standards as outlined in [Bylaw 1620](#), with the addition of the NFHS Coaching Unified Sports course

Link: <https://nfhslearn.com/courses/coaching-unified-sports>

### **Annual Coaching requirements**

- All head coaches are required to attend a CHSAA Rules Meeting.
- Take and pass the CHSAA Bylaws Test
- Hold a current certification in first aid, CPR and AED training.
- Every other year complete the free on-line NFHS "Student Mental/Health and Suicide Prevention" course, or a school/district organized mental health class/course.
- All athletic coaches must annually complete one of the following: The online NFHS Concussion Course or a school organized sports medicine review that includes a head trauma/concussion component and emergency evacuation procedures.
- Take the NFHS Coaching Unified Sports course

\*All first-year athletic coaches and activity sponsors, regardless of level, rank, or pay, must complete the CHSAA 1<sup>st</sup> Year Coaches Course.

For additional information regarding CHSAA coaching requirements, please refer to [Bylaw 1620](#). Local school districts shall determine their coaching staff needs and any additional training.

## ONLINE UNIFIED BOWLING RULES MEETINGS

This meeting will be available on the [rSchool platform](#) under your coaching dashboard.

### MEETS

**Rescheduled Meets:** Rescheduling regular meets after regional or state competition begins is prohibited.

### FORMAT







The three player co-ed/modified baker format is an exciting and truly team-based method of bowling. A Baker Game is when multiple bowlers bowl one game. Team members will rotate between the three on roll a ball. This will take place for all games. Regardless of a spare or strike the next participant will roll the ball.

The three player co-ed/modified baker format gives equal playing time for each member; creating meaningful participation that is essential to the Unified Sports® model.

### Three Player Co-Ed/Modified Baker Format (Bowlers alternate in order after each roll)

Team of three bowlers (A, B, C) Team must be Co-ed with two athletes and one partner

Example Team: A) Athlete1 (Female) B) Partner (Male) C) Athlete2 (Male)

A	B	C	A	B	C	A	B	C	A	B	C	A	B	C	A	B	C
6	2	7	2	3	4	8		9					6	3	8		7
8	17	24	43	52	82	108	127	136	153								

Each participant rolls a ball at a time.

**Order:** Teams may choose their own bowling order but may not switch that order in games themselves.

**Substitutions:** A coach may substitute players at any time (frame) during the game. Once a player has been substituted for, he/she may not re-enter the current game. Substitutions must keep the original team composition in place (Athlete/Athlete, Partner/Partner). See "Team Composition"

**Games/Winner:** Each Trio team will bowl 5 Baker games within each meet. The winner of the meet will be decided by total pinfall. This means that the total score from all 5 games for each team is added together and the team with the most pins wins the event.

**Lanes:** All team members bowl on the same lane, bumpers are NOT used. In an effort to stay on the same schedule, teams shall not start a new game until their opponent has finished their current game.

**Scoresheets/Information:** Coaches/Administration shall pre-communicate their team information including: team composition and substitutions, bowling order, and shoe orders. All scoring discrepancies should be reported to the score monitor or the event administrator. See CHSAA Unified Bowling Score Card [HERE](#).

**Official:** The administrator in charge during regular season events and district competition will serve as the head official regarding any disputes. During state competition, the CHSAA will have personnel in place.

**Coaching:** All coaches should remain outside of the lane area unless assistance with modifications is needed. There are no restrictions on when a coach may communicate and coach participants.

## **MODIFICATIONS FOR STUDENTS WITH DISABILITIES**

Each state association may, in keeping with applicable laws, authorize exceptions to playing rules to provide reasonable modifications to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances. In order to determine if the CHSAA can authorize such a modification, the school administration should submit a request for modification. All modifications are due by November 7<sup>th</sup>.

Request for Modification [HERE](#)

## **BOWLING BALL RAMPS & OTHER ASSISTANCE DEVICES**

*Ramps are a two-piece metal unit, one stand and one sloped piece. The stand is a minimum height of 24 inches and maximum height of 28 inches. The stand width is 24 to 25 inches across. \*The measurements for height and width should be within 2-4" of the dimensions shown. \* The sloped piece, from connecting point to stand to first bend is 16 inches and from first bend to bottom of sloped piece is 54 inches.*

Ramps may be used when an athlete does not have the physical ability to roll a ball with their hand or hands. If a participant uses a ramp to bowl, it is the responsibility of that program to bring the ramp to competition.

Any misuse of the ramp could result in disqualification.

**Ramp Bowling:** The athlete may be unassisted or assisted when aiming the ramp or positioning and releasing the bowling ball. If assisted, the assistant should have his/her back to the pins the entire time and receive direction from the athlete through verbal or physical cues.

**Other Assistance Devices:** If you have a participant(s) that would benefit from other assistance devices, approval must be granted, prior to usage, from the CHSAA office.

The entire ramp must remain behind the foul line.

Ramp bowlers must propel the bowling ball independently.

Ramp bowlers must direct placement of ramp or place ramp independently. Once placement has occurred, the volunteer will stand behind and to the side of the bowler. Permission for coaches to work as aides on Lanes for their vision impaired (only) athletes will be granted on a case-by-case basis. The coach must contact the event director to request permission. All ramps and assistance devices need formal approval from the CHSAA office via the "[Request for Modification](#)" form.

Weights may be added to the ramp for stabilization. The Tournament Director for safety concerns and protection of the Lanes must inspect ramps with attached weights.

# REGIONAL & STATE CHAMPIONSHIP INFORMATION

## CLASSIFICATION OF SCHOOLS

All registered Unified Bowling teams will be placed into one class for competition. There are ten regions that schools have been broken into.

## REGIONAL ASSIGNMENT PROCEDURE

Regional assignment will be based on geographic location starting west and moving east with consideration also given to north and south to reduce travel.

If a region has 5 or less participating schools in the region, then the region will only qualify top 2 teams to the state championship.

Please see below for regional alignments. New schools will be added to regional alignments after the September 12<sup>th</sup> deadline.

## 2025 UNIFIED BOWLING SCHOOLS

<u>REGION 1 (8)</u>	<u>REGION 2 (8)</u>	<u>REGION 3 (8)</u>	<u>REGION 4 (8)</u>	<u>REGION 5 (4)</u>
<b>Cheyenne Mountain*</b>	<b>Brighton*</b>	Aurora Central	Erie	Bayfield
Coronado	Ft. Lupton	Cherry Creek	Frederick	Grand Junction Central
Doherty	Greeley Central	<b>Eaglecrest*</b>	Longmont	Montrose
Harrison	Greeley West	Gateway	Loveland	<b>Pagosa Springs*</b>
Mitchell	Northridge	Hinkley	<b>Mead*</b>	
Palmer	Strasburg	Rangeview	Niwot	
Peyton	Valley	Smoky Hill	Silver Creek	
Sierra	Windsor	Vista Peak	Skyline	
<u>REGION 6 (7)</u>	<u>REGION 7 (8)</u>	<u>REGION 8 (7)</u>	<u>REGION 9 (8)</u>	<u>REGION 10 (7)</u>
<b>Arvada West*</b>	Denver East	Pueblo Centennial	Arapahoe	Eagle Valley
Bear Creek	<b>Denver North*</b>	Pueblo Central	Chatfield	Horizon
Jefferson	Denver South	Pueblo County	Columbine	<b>Legacy*</b>
Lakewood	George Washington	<b>Pueblo East*</b>	Heritage	Mountain Range
Pomona	Montbello	Pueblo South	Legend	Northglenn
Ralston Valley	Northfield	Pueblo West	<b>Littleton*</b>	Riverdale Ridge
Wheat Ridge	Regis Groff	Rye	Regis Jesuit	Thornton
	Thomas Jefferson		Rocky Mountain Prep-SMART	

\* - Indicates Regional Host

Each school may register ONE trio team for regional competition. **THIS TEAM MUST BE COED.**

## REGIONAL DATES

November 12-14, 2025

# Unified Bowling Regional Sites and Information

*\*Regions will be updated as they are submitted to the CHSAA office.*

## **REGION 1**

**Date:** Friday, November 14 @ 10:00 am  
**Site:** Peak Bowl  
2861 N. Prospect St. Colorado Springs, CO 80907

**Director:** Jon Shub (Doherty High School)  
**Host School:** Cheyenne Mountain High School

## **REGION 2**

**Date:** Friday, November 14 @ 3:30 pm  
**Site:** The Main Event  
580 E 144th Ave, Thornton, CO 80023

**Director:** David Smith  
**Host School:** Brighton High School

## **REGION 3**

**Date:** Thursday, November 13 @ 12:00 pm  
**Site:** Arapahoe Bowling Center  
6850 S. Dayton St. Greenwood Village, CO 80112

**Director:** Heather Nelsen  
**Host School:** Eaglecrest High School

## **REGION 4**

**Date:** Friday, November 14 @ 1:30 pm  
**Site:** Centennial Lanes  
110 E 9th Ave Longmont CO 80504

**Director:** Pete Scheck (Longmont High School)  
**Host School:** Mead High School

## **REGION 5**

**Date:** Thursday, November 13 @ 1:00 pm  
**Site:** Rolling Thunder Lanes  
14324 CO-172, Ignacio, CO 81137

**Director:** Chantelle Jordan  
**Host School:** Pagosa Springs High School

## **REGION 6**

**Date:**  
**Site:**

**Director:**  
**Host School:** Arvada West High School

## **REGION 7**

**Date:** Wednesday, November 12 @ 10:00 am  
**Site:** Bowlero Cherry Creek  
6767 Leetsdale Drive, Denver, 80224

**Director:** Beth Hulac (DPS)  
**Host School:** Denver North High School

## **REGION 8**

**Date:** Thursday, November 13 @ 4:00 pm  
**Site:** Big Daddy's Sunset Bowl  
1227 S Prairie Ave, Pueblo, CO 81005

**Director:** Elly Nail (District 60)  
**Host School:** Pueblo East High School

## **REGION 9**

**Date:** Thursday, November 13 @ 10:30 am  
**Site:** The Main Event  
64 Centennial Blvd, Highlands Ranch, CO 80129

**Director:** Chris Enzminger  
**Host School:** Littleton High School

## **REGION 10**

**Date:** Wednesday, November 12 @ 4:00 pm  
**Site:** AMF Northglenn Lanes  
310 W 104th Ave, Northglenn, CO 80234

**Director:** Evan Philippus  
**Host School:** Legacy High School

## **MAXIMUM COMPETITION REQUIREMENT**

Each school may not complete in more than 10 events before regional competition begins. 1 event = 5 games. There is no minimum competition requirement.

## **REGIONAL CHAMPIONSHIPS**

The Games Rules Committee will make all final decisions.

Top 3 teams from each region will advance to the state competition based on total pinfall during a 5 game Baker trio game.

If a region has 5 or less participating schools in the region, then the region will only qualify top 2 teams to the state championship.

Regional results must be submitted to the CHSAA office at the conclusion of each regional and must include [CHSAA Score Card](#) results & Bowling alley official results.

## **HANDICAPPED ACCESSIBILITY**

Facilities used as a district site must provide reasonable modification for special needs.

## **ELIGIBLE PLAYER**

Players listed on the team roster. No more than two substitutes can be listed on the entry form. If changes are needed on the team roster, inform your regional director prior to event. Anyone substituted must be eligible according to all CHSAA rules. School administrators will need to verify the substitution. Once the tournament begins no substitution may be made unless an athlete is injured or ill, which a physician must verify.

## **BOWLING BALLS**

Participants should keep no more than one bowling ball at any one time on the ball return. All bowling balls must adhere to USBC Chapter 8 and be in compliance with the terms and conditions regarding ball material, weight, size, markings, holes, balance, and hardness.

**NOTE:** A bowling ball with an offensive brand name will not be permitted for use by a high school bowler in CHSAA interscholastic regular season and post-season events. There are a multitude of bowling balls for use by our high school bowlers that do not have offensive language printed on them.

## **REGIONAL AWARDS**

Winner of each regional will receive a regional champion plaque. The runner-up and 3<sup>rd</sup> place team will receive a regional runner-up plaques.

## **STATE CHAMPIONSHIPS**

The Games Rules Committee will make all final decisions.

**Date:** November 21, 2025  
**Location:** Bowlero at Lone Tree  
9255 Kimmer Dr,  
Lone Tree, CO 80124  
**Registration:** 10:00 – 10:30 AM  
**Warm-Up:** 10:30 – 10:45 AM  
**Start Time:** 10:45 AM

## **STATE CHAMPIONSHIPS SPECTATOR TICKETS**

Ticket Price: \$10

## **[PURCHASE TICKETS](#)**

No cash will be accepted. Tickets must be purchased through [GoFan](#).

## **FORMAT**

The state competition will be tournament play. All teams will play in an open format. There will be no bracket. The top two scores (based on total pinfall) will determine the state champion and runner up.

## **SUSPENSION OF PLAY**

Should play during the State Championships be suspended, play will resume where it was when it stopped.

## **TEAM PASS GATE**

No player or coaches' passes will be issued for this year's state championship. Players and coaches must enter through the team pass gate. Only players and coaches listed on the official team roster, as submitted to the CHSAA on Tuesday, November 17th will be allowed access to the state championship site free of charge through the team pass gate. Each team shall be allowed no more than 8 individuals (5 players, 3 individuals made of coaches & bench personnel).

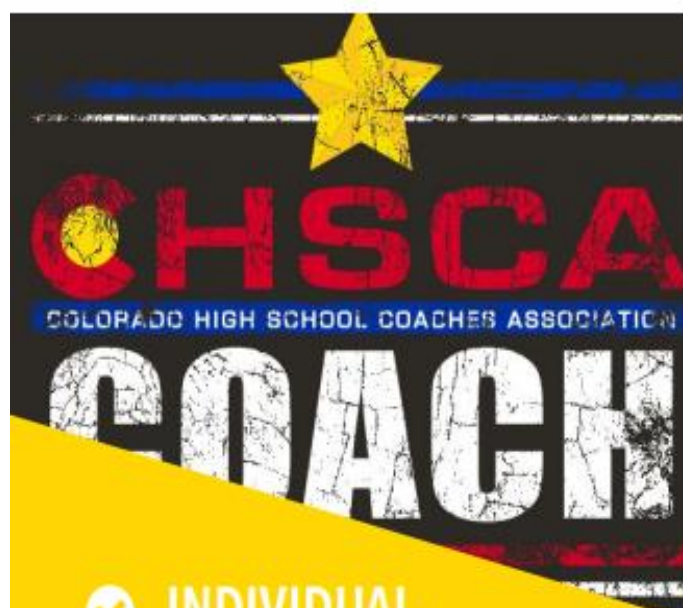
## **STATE AWARDS**

The winner and runner-up in the state championships will receive trophies. Members of the state championship team will receive gold medals. Members of the state runner-up team will receive silver medals. These medals are in partnership with Special Olympics – Colorado.

## **ADDITIONAL CHAMPIONSHIP INFORMATION & REIMBURSEMENTS**

Schools qualifying for the state championships will receive their tournament information packet through email. There will be no reimbursements for the State Championships during the 2025 Unified Bowling season.

# COLORADO HIGH SCHOOL COACHES ASSOCIATION



✔ INDIVIDUAL  
COACH SIGN UPS  
[www.colohsca.org](http://www.colohsca.org)

✔ SCHOOL BUNDLE-  
AD's sign up ALL of  
your coaches

Bundle Link—

<https://colohsca.sportngin.com/register/form/556868267>

## WHY JOIN?

### It's YOUR professional organization

- 01 BENEFITS**  
TWO Million dollar liability insurance, admission card to state tournament events, hospitalities, can nominate for all state and scholarships, CHSCA communications, and apply for Coaching training grants.
- 02 EDUCATION**  
Coaching clinics, new coach trainings, online learning calls, coaching resources, leadership training, PLUS... we're working on more online learning opportunities!
- 03 ALL STATE GAMES**  
We run the biggest and BEST All-State games in the state! Hosted by CSU Pueblo we bring together top senior athletes from across the entire state to compete. HEAD COACH must be a member to nominate a player for all state.
- 04 RECOGNITION**  
Colorado Coaches Hall of Fame, Sport Coach of the Year Awards, Longevity Awards, Achievement Awards, Special Recognition Awards, Nominations to National Coach of the Year Awards.

