

## Pole Vault Athlete Information/Briefing (2-3 minutes max)

**Athlete check-in:** Get starting heights, increments, excused athlete information from GC.

Confirm that athletes have been **weighed and poles checked** prior to warming up.

**Uniform rule**---school issued uniform, a single manufacturer's logo, undergarments are not subject to uniform rule restrictions.

**Run backs** are not allowed during warm-up or competition.

### Warm-ups:

Confirm starting heights and standard placement for each athlete during warm-ups.

### Briefing:

Brief athletes upon arrival of the **rule change**.

**No electronic devices in the competition area** (define restricted area & coaches' box).

You may **view videos** during the competition in an unrestricted area (coaches' box).

**Confirm your standard placement** prior to every attempt (range 18"-31.5").

Once called, you will have one minute, or the prescribed **time limit**, to initiate your trial.

If you wish to **pass a trial**, please let me know before you are called for that attempt.

The Games Committee shall determine the procedure for **excused athletes**. You must check-out and check back in with the head official. You will get 10 minutes to return. If you return before the time limit expires, and the bar has not been raised, you will get the number of trials remaining when excused. If you arrive after the time limit expired, you will be passed to the current height being allowed the number of trials remaining when excused. All efforts shall be taken to allow the athletes to jump out of order to preclude delays.

If you touch anything beyond the inside edge of the top of the back of the box with the pole or body, without first clearing the crossbar, it will be a **foul**.

A two-minute **warm-up period** will be allowed for anyone who has not entered the competition within 60 minutes of the first jump in the competition. Bungees or crossbars are not allowed. Must take at least one attempt at the entering height. Time is not aggregated if more than one athlete enters.

### Time limits

| Number of athletes remaining in the competition <u>at the start of a bar height</u> | PV |
|---|----|
| First attempt in competition  | 1  |
| More than 3   | 1  |
| 2 or 3 remaining  | 3  |
| 1 remaining (winner)  | 5  |
| Consecutive trials  | 3  |

**Consecutive trials are within a height or at a height change.**

**At any given bar height, the time remains the same until the next bar height or a clear winner is determined.**

