



TECHNICAL DEDUCTIONS FOR ALL GIRL/CO-ED CHEER/GAMEDAY

CHEER/CO-ED RULES	RULE-SECTION	ARTICLE	
General Risk Management	NFHS Rule Book 1-1	1-21	10 points
Sportsmanship/conduct (foul language)	NFHS Rule Book 1-2	1-2	10 points
Cheerleader apparel/accessories	NFHS Rule Book 2-1	1-5	10 points
Stunting Personnel	NFHS Rule Book 2-2	1-10	10 points
Inversions	NFHS Rule Book 2-3	1-9	10 points
Non-Release Stunts	NFHS Rule Book 2-4	1-8	10 points
Release Stunts/Tosses	NFHS Rule Book 2-5	1-9	10 points
Suspended Stunts	NFHS Rule Book 2-6	1-6	10 points
Dismounts	NFHS Rule Book 2-7	1-8	10 points
Tumbling	NFHS Rule Book 2-8	1-9	10 points
Drops (Knee/Split)	NFHS Rule Book 2-9	1-4	10 points
Props	NFHS Rule Book 2-10	1-6	10 points
Released hard props to the ground	NFHS Rule Book 2-10	1-2	1 point
Stepping on props while stunting, tumbling, jumps	NFHS Rule Book 2-10	3	2 points
Tumbling Error (per infraction)	Bulletin	Page 38	1 point
Building Deduction (per drop – technical judge)	Bulletin	Page 38	2 points
Excessive tossed signs – Signs must be discarded in a controlled manner. *One time per performance	Bulletin	Page 39	1 point
Props used outside the guidelines	Bulletin	Page 38	5 Points
Out of Bounds – per infraction	Bulletin	Page 38	.5 point
Loading Stunts – 1 foot must be in contact with the performing surface	Bulletin	Page 43	1 point
Inappropriate Moves/Music – assessed by Technical Judge	Bulletin	Page 45	10 points
Exceeding 3 consecutive 8-counts of incorporation during the fight song. (Game Day ONLY)	Bulletin	Page 42	5 points
Stunting outside the allotted restrictions (Game Day ONLY)	Bulletin	Page 42	10 Points
Tumbling during the routine (Game Day ONLY)	Bulletin	Page 42	10 Points
Game Day Format Violation (Game Day ONLY)	Bulletin	Page 11 & 39	1 point

****Page Numbers May Vary**

TOTAL POINT DEDUCTIONS _____

Area of Infraction

BACK OF MAT

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FRONT OF MAT

School Name _____ Classification & Division _____

Technical Judge Signature _____

❖ All deductions will be subtracted from the average of all the judges' scores.

Updated July 21, 2026