



TECHNICAL DEDUCTIONS FOR DANCE

POM DIVISION RULES	SECTION	ARTICLE	DEDUCTIONS
80% Pom Usage to be assessed on timing sheet	Bulletin	Page 43	10 points

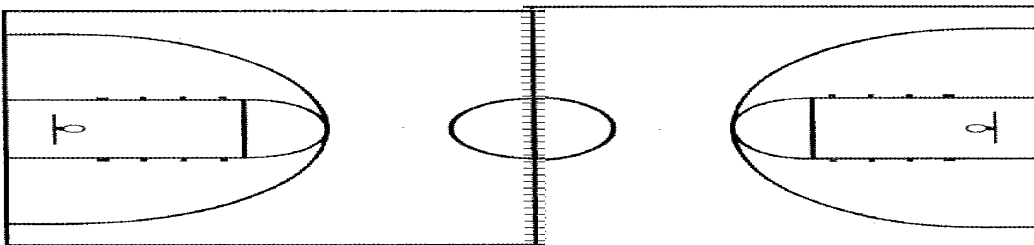
GENERAL RULES	SECTION	ARTICLE	DEDUCTIONS
Excessive loss of rhinestones/costume pieces, hairpieces, etc.	Bulletin	Page 42	1 point
Illegal attire (pant length, bare midriffs, footwear, removal, fingernails, braces, glitter, hair in face, etc.)	NFHS Rule 3 Section 1	Pages 38-40	10 points
Routine Overtime (Overall) – see timing sheet	Bulletin	Page 41	5 points
Routine Music (1:45) – Under Time	Bulletin	Page 41	5 points
Jewelry worn, taped by athletes on the competition surface	NFHS Rule 3 Section 1	Pages 38	10 points
Inappropriate moves, music assessed by technical judge	Bulletin	Page 42	10 points
Sportsmanship/conduct/foul language	NFHS Rule 1 Section 2	Page 11	10 points
Chewing Gum/Candy on the performance	NFHS Rule 1 Article 9	Page 8	10 points
Props (hard unyielding materials used, sharp edges, hard attached accessories)	Bulletin	Page 35	5 points
Props, including poms– stepped on, kicked, tossed, thrown or accidentally dropped	Bulletin	Page 34	5 points
Copyright noncompliance or illegal music	Bulletin	Page 31	10 points
Weight bearing on skills with props in hands	NFHS Rule 3 Article 2	Page 40	10 points
Illegal lifts, partnering, gymnastics, pyramids	Bulletin	Page 41	10 points
Illegal apparel or accessory for activity	Bulletin	Page 42	10 points
Drops (knee, split)	NFHS Rule 3.9.1	Page 53	10 points
Tumbling Error (per infraction)	Bulletin	Page 34	1 point
Game Day Routine Over Time	Bulletin	Page 46	5 points
No Lifts or Tumbling in Game Day	Bulletin	Page 46	10 points
Illegal use of signs (Game Day)	Bulletin	Page 46	10 points

Area of Infraction

TIMING MUSIC/ROUTINE _____
TOTAL POINT DEDUCTIONS _____

School Name _____

Technical Judge Signature



Updated 7/22/2026